

## PART 1

### Verbal Homeopathy™

or

### *Your Health for Free*

#### INTRODUCTION

There are things that people have always dreamed about and when discovered, these change their lives. During these last years, this is technology. Just see how a simple software application such as Skype or GPS navigation have made the world more easily accessible. What I am preoccupied with and wish to introduce to you is an innovation that will be changing your life for years ahead. Because its boundaries have not been outlined. It can only be limited by your imagination.

When I decided to write this book I was well aware believing it would be very hard. Nevertheless I decided to do it because I know from experience that there are people who will embrace this idea the moment they hear it. *The ideas within this book are the natural progression of the years of wandering of many people who sense that they are close to finding a way out for themselves or for someone close but for one reason or another they have been unable to reach it. This is why the information here will be familiar, understandable and accessible.* While for the others I can just say that it only takes a small effort to prove what is written here true.

*A slightly different model is needed than the consumer thinking model imposed on human knowledge. Because this outlook on life does not situate the human being as a value in society. This 'traditional' outlook sees competition in society and the desire for excess profit as a higher value. Which is why you need to accept that it is possible to live differently, in a way that all is dependent on you, completely free and sometimes immaterial. In practice, you need the knowledge I am writing about below, some phials with pipettes, water and several minutes.*

*You may think that I have written a wishful for some subtitle - "Your Health for Free". You may even think that it is insolent, especially knowing how much you spend on health, which is often to no avail. Therefore, I beg you to read this book through calmly, even if it came to you by accident. With just some small effort you will see that health can be independent of medicines.*

*Myself, and the people who I have been teaching for quite a while to this innovation, have been persuaded that it is really possible to achieve positive results without great effort or expenses. And every one of them (and already some of you) who has began to independently*

*develop this method can bestow it absolutely for free to the person next to them. Actually, to them only who need it and who have eyes to see it...*

*Pharmacy has its own market logic. It is cleverly using medicine and people's suffering. People need to be ill but they also need to be alive. Thus everyone is perpetually paying for their health insurance and the fiscal system of health care is working indefeasibly. A part of it is used to create the illusion that there is no other way to be healthy. But this has transgressed all boundaries there are. Not only the American and European security systems are facing imminent collapse. Asian funds will meet the same fate as well. The global economic, energy and resource crises are revisiting humanitarian problems in a new way. Think about this! In the world crisis that is only now beginning, after energy and food, antibiotics, which have for a long time not been as effective as initially, will be the first to disappear. And that is objective reality, a reality that requires educated people to adopt a new approach, but not at the expense of nature and excessive consumption. They simply don't work any more.*

*There is a model which is right before our eyes. This model requires knowledge and a balanced examination of what every people have known and subconsciously practiced since the depths of time. And last but not least, homage to the Creator and His goods.*

Everyone *will* be able to do it even for fun. The amazement and the result, however, will be complete.

I have always believed that things are not what official science purports them to be. It is constantly trying to convince us that all things in the world are mechanical and dry, subject solely to the "laws" of physics and chemistry and that there is nothing beyond the form of things.

Scientific theories are however unable to explain the origin, the essence and purpose of life. Most scientists claim that life is an act of chance, without a specific purpose or intent. It is hard to rationally accept that the birth of any human being is the blind game of otherwise "strict" laws. It is completely illogical to adopt the idea that all of nature, the billions and billions of stars with their tremendous power and complex star systems are the accidental product of an evolution with no particular goal. That all the richness surrounding us is something indefinite floating in the chaos of infinite space.

We simultaneously proclaim ourselves to be the most intelligent creatures of this world of accident even attributing the fact of being reasonable to blind fate. Despite our enormous intellect we are incapable of comprehending even the slightest part of natural processes, and when we touch them and begin to understand their sophisticated and all-embracing mechanism of function we are only left in awe and respect. It turns out that the most intelligent creatures cannot grasp the simple "mechanic" planetary processes and explain, for instance, earthquakes; that man, however much he may be trying to imitate nature cannot create life; that when we interfere with the work of biosystems, we are usually bitterly regret it; that medicine practically has no idea how diseases occur (next to some 90% of diseases textbooks in medicine will have the expression: "uncertain etiology") and finally why some people are ill and others are not in the same mechanical circumstances.

The answer to all these riddles obviously is that everything around us is way more complicated and perfect than we may think and that the mechanisms defining it are not those exactly that they are trying to impose on us as exclusive. Most of all, the idea that everything was created by accident and for no purpose.

It is obvious, once we think about it, that we interact with and are part of the Great Creation of a Great Creator and that our life is actually so boundless, rich and magnificent and that we only hardly touch it, thinking of ourselves as physical bodies only.

And when you ascertain the facts given here and are convinced that they really work, you will have clear proof that behind this visible substance of things there exists another, invisible and powerful world. And that world predetermines ours completely.

This is why the doubt of science, and the doubt of many intelligent people, that God does not exist is unforgivable. There is no greater lie than this!

## PART 2

### FOREWORD

I have been engaged in and treating myself using homeopathy for many years now. *I am teaching many people who pass through the diverse directions of this art and attain the innovation I am about to inform you about on their own. A great number of my observations and conclusions I made in conversation with them, and also with people having nothing to do with this, for which I am grateful.*

*How do I begin with all newbies?*

I know that *the art of homeopathy*, when carefully studied and correctly applied, has some advantages that other methods of treatment do not possess:

- Homeopathy has no side effects and is absolutely safe.
- Homeopathy can and should be studied at school.
- ***Homeopathy should be free and can be manually made by everybody.***
- Homeopathy has an effect on the deeper reasons for the problems of the physical body.
- Homeopathy has an effect on the damaged emotional and psychic condition of the *treated*, which in fact underlies most of his or her problems in life.
- Homeopathy shows that the material world is dependent on and is practically entirely subordinate to *various and very* powerful energy effects which lie beyond our perceptive ability. These can, however, be touched.

*It is time to give thanks to somebody. A person who had the courage to summarize the entire world's experience in one theme, which has eluded (us) in our search for super complicated, expensive but unnecessary things. Beyond Word Publishing and ATRIA BOOKS have brilliantly published Dr. Masaru Emoto's book, where he shows in an impressive way that water absorbs and understands our speech and spontaneously and intelligently reacts to all types of information. This has fluently complemented my knowledge in homeopathy, where water also absorbs the information of various poisonous substances and stores it in a non-specific manner even when nothing has been left of the original substance. This summarizes and affirms the achievements of a school of Russian scientists who attain the same results in the years.*

And thirdly, I have had an insight that in Genesis the same striking expression is repeated over and over when discussing the most important, the Creation: (Gen. 1:3) And God said,

Let there be light..., (Gen. 1:6) And God said, Let there be a firmament in the midst of the water..., (Gen. 1:26) And God said, Let us make man in our image, after our likeness... SAID, SAID, SAID... This is the first creation, where man is strong and responsible for his fate and practically has no problems.

In Chapter 2, however, there is the second creation, where man was of the dust, of substance and is afterwards, because of his disobedience, visited by many troubles and pains.

Then I remembered the memorable phrase uttered by the inventor of homeopathy Dr. Samuel Hahnemann explaining how his method of treatment works: "I remove the substance and leave the power." Perhaps the same applies to man and behind the visibility of our own bodies our true strength and might hides, and that is in the power of the WORD (the spoken thought). Which is why we simply need to put it in action, touching upon one of the many ways - *Verbal homeopathy™*.

## HIGH ATTENUATION COMPLEXES

*Another very important thing happened to me that altered my beliefs in the standard homeopathic method. About ten years ago I was treating my son who was ill quite often and would too frequently take in antibiotics and paracetamol. I turned to homeopathy in the hope of discontinuing this state of affairs. Everything was well, when suddenly, after a couple of months of treatment, strange wounds began appearing on his elbow and knee flexures, the so called atopic dermatitis. The doctor said that these would most probably disappear after puberty, that is, in ten years' time, and until then he should be treated with preparations that contain cortisone. There was, however, no force in this world that could make me use it. Cortisone has over 200 side effects. It is only admissible as a life saving means, which our case was not. And this is why I didn't use it. But my kid was embarrassed to play with the other kids and the kindergarten teachers told us that he had better not go there until the wounds were healed. I continued treating him only using homeopathy but the result was not particularly good. I consulted various homeopaths but the eczema would come back again and again. A lot of time passed. I read through everything there was. You probably realize that I have almost every possible homeopathic medication at home. Despite all, the eczema wouldn't go away. Homeopathy schools, and manufacturer companies both would recommend to use one medication, or contrariwise - to use several separately, all produced by them. Take these drops, or granules, for a while, and wait. Thus homeopathy turned out to be a method that in more complicated cases could only draw you away from it, and hence, from true healing. We alternated consecutively, and then simultaneously, the ideas the two main schools had: Stramonium /I had forceps to help me give birth to my son/, Calcarea phosphoricum and Mercurius sol., corresponding to the sensitive type, and then Sulfur, Arsenicum, Belladonna and Rhus tox., Petroleum and so on and so forth according to the symptomatics. They would vary constantly; they would abate and in a shorter or longer while, but no later than 2 or 3 weeks, start again. We also altered the attenuation.*

*I had to transcend the dogmas of homeopathy because I had this inner conviction that the principle of likeness was true but the method of application - not exactly. According to the various schools, the patent medicines are either compatible or not, they either interfere or help each other, in some schools the key to determining the medication is the psyche, in others it's the physical symptoms. Then, nearly desperate, and according to the black box method, I mixed one general preparation using all known dermatitis medications. I could now make my own homeopathic preparations since it turned out that they are very easy to make*

*and that this is carefully hidden from people as it will practically make sales pointless. So I made a collection of homeopathic medicines that compensated for the mutually exclusive symptoms in a given illness. These made groups of 7 or 8 preparations in about 8 phials. The total number of medications used was about 70. I started giving him all of them in the utterly exotic attenuation of 10M, several times a day.*

*And oh miracle! my child was cured in virtually a couple of days and the problem was resolved once and for all after two years of fighting it. Thus, in my joy a new and important discovery was born. To me it equaled the invention of the wheel and the ideas given at the beginning of this book. I had created **homeopathic complexes in very high attenuation** and I no longer paid attention to homeopathic dogmas. They proved to be a part of the matrix that has always prevented the development of this art, probably for the same old reason - profit. And it also turned out that this discovery did in no way contradict Hahnemann's ideas. He recommended it himself as alternating all antipsoric means every day for a prolonged period of time or forever. I modified it from the very development of time because we live in a world where chronic diseases are trivia from a very early age and there are almost no people with a completely healthy immune system. Allergies, chronic otitis, rhinitis, bronchitis, dermatitis, obesity - all these are mass diseases from early childhood. You, reading about this method, will probably modify it on your own too.*

*Then I made one more step, after reading about Dr. Masaru Emoto's discoveries. I then realized that I could apply Dr. Emoto's methods on homeopathy and transform it into an a lot more accessible and effective method of treatment. This concerned the very making of homeopathic preparations. It turned out that water not only stores our thoughts and actions but it also conscientiously preserves our words. Every word (**verba**), applied correctly in homeopathy, leads to the innovation to which I have devoted this book and your attention: Verbal homeopathy™ And so was Verbal homeopathy™ born, the homeopathy of the Word, which proved to be a new method of treatment with unexpected possibilities, because:*

- it gives you the chance to obtain the needed medicine in seconds, as long as you have some water near you.
- it gives you the chance to achieve, again in seconds, attenuation that is unattainable for traditional homeopathy, and even if they could be produced, this would take a machine many months. It turned out that the new verbal preparations are far stronger because what is hardly affected by traditional homeopathy, can be treated much more efficiently by the enormous attenuation of Verbal homeopathy™.
- it makes it possible to use preparations that simply do not exist in traditional homeopathy; animal and plant venom from which no homeopathic dilutions have been made but whose lethal effect is well known.
- makes it possible to work with information coming from radioactive elements much more safely. And these are preparations having great power and effect.
- makes it possible to influence other areas of life as well, such as unemployment and poverty, loneliness and lack of self-confidence, embarrassment and fear.
- makes it possible for everyone to take their health in their own hands and to be less and less dependent on ready-made medicinal preparations.
- makes it possible to attain at no cost the results of radionic machines that function based on the same principle but cost hundreds or thousands of dollars.

More than 200 years ago Hahnemann realized one more thing - that if the power of true healing lies in the invisible, which is limitless, then medicine based on the invisible should also be free and openly accessible.

"When the state is convinced in the necessity of completely prepared homeopathic medications, it will decree that they be given to doctors free in order for them to be able to give them to their patients, both rich and poor, at no charge." *Dr. Samuel Hahnemann*

Why is it possible that treatment is really free and at the same time absolutely effective, and often with no alternative, you will learn from the book you are holding. True health has nothing to do with medical insurance, expensive medicines and the even more expensive medical equipment. And then we will only have the emergency service, surgery and the treatment of the decreasing severe chronic cases and genetic malformations!

### **PART 3**

#### **ON THE POWER OF A WORD**

In order to apply this new method of life, all you need is to be able to SPEAK and have a phial with a pipette and some clean water at your disposal. Nothing else but this book, of course.

#### **Why do we need WATER?**

Life on our planet was created through water. It is in water that billions of years ago the first basic life forms were born, the first prokaryotes, the first living creatures. From there did all other countless life forms spring to create the diversity of today.

The role played by water hints that information systems (Word and Thought) of a certain divine order were employed in it, ready to gradually construct all life forms from the most primitive to the most advanced and complex ones. Water is the matrix that absorbed the first tones and lights (sound and light waves) that later built the foundations of the limitless forms of physical life.

This is why we can put this power to use, sensibly and purposefully, in order to change ourselves.

#### **WATER IS NOT SOMETHING ORDINARY**

Recently Dr. Masaru Emoto announced his important discovery that water is a LIVING organism and it can communicate with us intelligently, absorbing the tremendous power of our own thoughts and words. Thanks to a method of his own he managed to photograph frozen water which had earlier received some type of information. Dr. Emoto's amazing photographs are known all over the world. It is visible on these photographs that water can fixate SOUND, LIGHT and LETTERS. Water literally absorbs the information waves in various forms and reacts to them. The more positive the information, the more beautiful and better shaped are the hexagonal crystals. In contrast, when the information is negative and the sounds and images reveal what is ugly in the world (ugly thought) water does not form crystals or they are damaged or very distorted. It is thus known that WATER absorbs, records and reacts to our thoughts, words and feelings, i.e. it is capable of a counter reaction depending on the manner in which we have changed it. In this way we affect our own selves

through the power of the divine Spirit in us, through the power of the Word. Whether we use this for good or bad is entirely up to us.

These reflections of his, spoken about for a long time by many researchers from around the world, were confirmed in the many experiments I personally conducted. These experiments led me into a direction that unfolded new and unexpected opportunities of the simply formulated term "water memory". It turned out that before my very eyes was something that is easily applicable to a place long expected by people.

The world has many plights. Most of them are the result of the world's understandings of life, craftily imposed upon it by economic models. As a consequence, the life of most people is subject to the eternal fear of illness and the practical impossibility for permanent cure. In all cases this is accompanied by an enormous expense of energy - emotional and physical. And of a lot of money.

Bold as it may sound, I can say that now there exists a solution to the majority of cases. There is a mechanism for avoiding these deficiencies and again thanks to the memory of water, but in a new way.

This is the method of verbally altered water, according to the laws of homeopathy, or as referred to here, the Method of Verbal Homeopathy™ (water to which the homeopathic substance has been spoken in the appropriate attenuation).

THE METHOD utilizes all of the above mentioned properties of water and accepts all of Dr. Masaru Emoto's discoveries but while working with the water another principle is implemented - that of SIMILITUDE and that of NEGATION, which underlie a science discovered over two hundred years ago - HOMEOPATHY.

## HOMEOPATHY

You may have heard of homeopathy, you may even be practicing it, but you have rarely been told that this is a medicinal practice which cures by information and that in most preparations there isn't a single molecule of the substance marked on the label.

When they hear 'homeopathy' the greater part of people decide that this is an alternative method in medicine which is based on natural products and is akin to herb trade. For the majority this is straightforward herb trade. NOTHING LIKE IT!

Those more knowledgeable will say that this is an alternative medicinal method based on similitude, and specifically, that if a given substance in a real dosage has a toxic effect and induces certain symptomatics, when administered in a minimal dosage it can cure diseases with similar symptoms.

What the minimal dosage is, however, hardly anyone of those treated knows. Because if the patient understands this and thinks about it, this may turn his or her ideas of the world and many spheres of life upside down. For the same reason, if someone succeeds in explaining the way in which homeopathy works, they will explain life, and not in the manner in which life is presented to us by biology, medicine and other natural sciences. This is a miracle that no one has managed to unveil so far.

In homeopathy attenuation is so strong (**negative**) that in a practical analysis of the preparations not a single atom of the initial substance can be found, or said differently, it is

completely absent. This is why homeopathy is an informational way of treatment, not a substantial (material) one. Using the various frequencies of oscillation that it carries and conveys, it changes the internal structures of the organism, that which is invisible and structural and which is termed differently in the diverse mystic teachings: the ether body, the astral body, the electromagnetic body, the invisible counterpart and so on and so forth. Of course, when someone is treated in one of these manners, they must be 100% aware of their spiritual nature and understand that it is exactly their unfaltering trust in God, the realization of the unity of the world and the comprehension of their own responsibility for their own health that lie in the basis of their own health. In this sense, the insight will also come that the greedy, atheistic, selfish and angry thought and word gradually but inexorably give birth to a life full of stress, fatigues and poisonous food. And this has been going on for many generations.

And when under the influence of everyday strain, constant fatigue, frequent surfeit and alcoholism, accelerated aging, hereditary burden, trauma or a commonplace infectious factor (bacteria, viruses, fungi), our organisms are first damaged at a subatomic level, at the level of informational structures. This distorted basis is consequently passed on to the atoms, the molecules, the cells and finally to our organs and systems. Thus, full of all kinds of poisons that we produce ourselves, we become chronically diseased. We could cure ourselves more efficiently if we could alter the informational matrix that structures us on an internal level. Or, as the creator of homeopathy, Dr. Samuel Hahnemann, said in the Organon of Rational Art of Healing: "The external malevolent factors that harm the healthy organism and distort the harmonious rhythm of life can reach and affect the spiritual dynamis only in a manner which is also dynamic and spiritual. The doctor may remove these pathological distortions (diseases) only by influencing our spiritual vital force with medicines that also have spiritual, dynamic (invisible) effects, perceived by our nervous sensitivity everywhere they are present in the organism." Thus diseases are influenced on internal levels.

In homeopathy, some extremely potent poisons may be used. Many of them cannot be applied in medicine in reality: mercury, arsenic, potassium cyanide, mustard gas (a neuroparalytic military poisonous substance), strychnine, thornapple, snake or spider venoms etc.

For example, if the venom of a cobra can, in a single bite, cause severe heart damage, characterized by shooting pains irradiating towards the shoulder and the left arm, chest oppression and tachycardia at a weak superficial pulse, in high attenuation, when there is practically no substance from the venom, it can prevent, soothe and heal such conditions, including stenocarditis and myocardial infarction.

The possible explanation comes from the principle of neutralization of two same-frequency waves with reciprocal phases. Thus one wave suppresses the other and eliminates the precondition for the problem. Last but not least, it is true that our spiritual essence and thoughts have been debased to the level of a venomous snake and this has naturally led to the particular suffering where the heart is the first victim.

Again because of damaging our spiritual qualities and the impure way of life, many of the organs of ill people are filled with poisons and begin to vibrate at frequencies close to those of pathogenic microorganisms. Their bodies become a favorable environment for their fast reproduction. With the gradual interaction between related waves of homeopathic preparations with the organism's vibrations, the level of vibrations in the person starts to change and he or she, returning to his or her natural rhythm, embarks on a **purifying** path of healing, overcoming the invasion of foreign pathogenic organisms.



Which is why a homeopathic medication cannot be made from apples or oranges. Their informational structure does not correspond to the damages in the human body and their real dosage is not only harmless but also gives energy to the person, introducing minimal doses of poison. (Practically, all food is poison but in a different degree.)

The results of treatment with homeopathic preparations show that the human body is predominantly a wave-informational, verbal structure that builds the material carrier. Therefore the treatment of damaged informational frequencies of cells is more enduring than the external chemical effect on the flesh carrier, which is but a consequence, not the cause of our illnesses. This is the reason why conventional treatment is not always efficient. The damaging of the patient's body is at the wave-energy level and even if we extinguish one fire in the organism, in time, the same unchanged and damaged information, especially at a spiritual and emotional level, will start a new outbreak of physical damage. In this sense working with the thought and the word, directed steadily towards the positive side of life and God, yields the most profound results. And homeopathy is a powerful mediator between the physical and the highest spiritual levels.

Naturally, science has no explanation of the way homeopathy works and it is mostly considered to be an empirical science, i. e. science proven through experiment and experience, without any clarity about its real principles and mechanisms of action.

There are different theories about how exactly water receives the information of the main substance and how, despite the constant attenuation, water molecules continue to retransmit to other molecules their ability to have a specific effect. Water is the only substance that changes its magnetic moment under the simple spatial influence of any other substance. Other substances do the same while being irradiated at different frequencies. Under the influence of irradiation, the nuclei are oriented in new and exactly defined ways, which can be observed. Only in water does this variation occur under simple mechanical external influence.

In a word, when we put even a single molecule of some substance in water, a layer of water molecules that now have a different orientation is immediately formed around it. This orientation resembles structurally the introduced substance. If this water is further attenuated, this orientation remains permanently in a part of its molecules. That is, the molecules that have assumed the initial structure will retransmit this quality of theirs to the subsequent dilutions. This remains true even when there is not a single quant left of the original substance. In science this is called water memory. It remembers even the tiniest particles it has touched by recording their qualities and structures.

These recordings can only be destroyed under great pressure, boiling, freezing, electromagnetic radiation or radioactivity etc. This leads to a new change in the magnetic moment under the influence of other, more aggressive factors.

All theories, however, fall in the sphere of the hypothetical. Dr. Samuel Hahnemann's insight of 1790 remains as well: "I take away the substance and leave the power." And the more attenuated the substance, the greater the power.

## **PART 4**

### **THE MORE ATTENUATED, THE MORE POWERFUL**

One way or another, homeopathy has been working for over 200 years despite the lack of a definite theory for its action. Also interesting is the fact that its power increases as the attenuation is increased. Practically, this way the healing effect of attenuation of 1:10 multiplied by 24 is much weaker than a preparation with attenuation of the drop of poison in it of 1:10 multiplied by 10.000 or by 100.000. In order to understand how this works you should know how a homeopathic preparation is made.

Here is the mechanism: Using a pipette, put one drop of cobra venom in a phial, where you have already put 99 drops of fresh water. Shake energetically. Then pour out the contents of the phial in an empty glass and put it upright again. There is one drop of the venom dilution left on the bottom of the phial. Put 99 new drops of water. Shake energetically. Then again pour out the contents of the phial in an empty glass and put it upright again. Again there is one drop of liquid left there. Drop 99 new drops of fresh water on it. Shake energetically. Then again pour out the contents of the phial in the glass and put it upright again. For the 5th time, add 99 new drops. Shake energetically. Now you have an attenuation of the initial drop of snake venom of 1: 10.000.000.000. One or a few molecules of the initial substance can still be found in this dilution. Which is why we continue to attenuation in the same 1:99 proportion. When we have done this for the 12th time and we achieve an attenuation of 1 against a number having 24 zeroes, which is conveniently written down as 12C (hundreds), there is not going to be a single atom of the initial substance in our dilution. This is practically only water. But this water is one of the best medications for inborn cardiopathy and valve disorders of the heart. It is an efficient and serious preparation for preventing a myocardial infarction in chronic heart diseases. It permeates pain, strangulation, vexatious anxiety. This gives you time and the chance to seek medical assistance in a very serious crisis. Recuperation is afterward about three times as fast. Combined with other similar products, with the same attenuation, Aconitum, Arnica, Latrodectus mactans, Hydrocyanicum acidium, Naja (Cobra), this is one of the most efficient and harmless methods of prevention and healing of myocardial infarction.

In homeopathy dilutions are often used in which 99 drops have been added 10,000 times or 100,000 times in a single phial. These are figures that are only used in quantum physics and astronomy. Meanwhile, such attenuation is much more effective than low attenuation in treatment of acute and chronic diseases. In this sense Naja 10 M = 10,000C is much more effective than Naja 9C.

There is also the so called Avogadro's number. It is defined by the number of atoms in exactly 12 grams of pure carbon12 isotope ( $^{12}\text{C}$ ). Avogadro's number has a value of  $0.6 \cdot 10^{22}$ , which marks the limit beyond which not a single molecule of the initial substance can be found in the dilution. In homeopathy this is attained at level 12C = the 12th phial of 99 drops. Any other attenuation, 15C, 200C, 1M = 1000C, 10M = 10,000C is way beyond this limit, i. e. there is physically and chemically nothing in them. If you examine the homeopathic medications in a drug store you will find out that they all have the same chemical composition - lactose or spirit dilution. After making the primary water substance, it is poured over lactose granules, which are then dried and filled in phials which are then dispatched to drug stores. If they have been made using spirits then there will be the same spirit dilution in all phials and nothing else.

Nevertheless, they all work in a unique way and each according to its purpose, i. e. the Royal Cobra preparation will in no way influence a gastritis irrespective of your suggestion or the label on the phial.



It should therefore come as no surprise that water is alive and adapts to all types of influence.

And it is for exactly the same reason that we can freely SAY in any language the LIKENESS of our sufferings and illnesses in a physical plan. Of course, not forgetting the respective attenuation (or negation) remembering that the greater the attenuation, the more effective the result.

There are, for example, many people who often have the flu. The influenza is an acute infectious disease for which in medicine there are practically no truly efficient preparations. Decreasing the bodily temperature is not exactly healing but is rather a suppression of the most acute symptom of the disease, while allowing the organism to combat the disease on its own. The flu, however, often carries many complications with permanent consequences. These consequences affect the lungs, the heart, the kidneys, and the immunity levels. The homeopathic method is actually the only one that truly recuperates the organism without any complications, as long as it is properly applied.

An interesting fact is that if we analyze the homeopathic preparations for influenza, we will find out that their internal characteristics show the patient's terrible emotional condition before contracting the disease: hyper anxiety, unrest (Rhus-tox, Bryonia), anticipatory experiencing of a future responsible or unpleasant event (Gelsemium), insomnia (Nux-vomica), intolerance to contradiction (Nux-vomica), fright, the learning of bad news (Aconitum), the consequences of emotional shock leading to mental blockage (Gelsemium), workaholism, hypertension, alcohol (Nux-vomica). This clearly illustrates the spiritual factors making the body a suitable environment for the rapid reproduction of the influenza viruses. In this sense, it is true that eliminating the flu in this manner we also influence our emotional condition, which makes homeopathic healing completely unmatched in medical practices.

## **PART 5**

### **WHAT CAN WE DO?**

We can buy a homeopathic preparation, which needs to be carefully chosen among a dozen similar, after visiting the drug store or consulting a homeopath. We can mix several preparations or take them one after the other, if not sure how to properly do the mixing. **BUT WE CAN ALSO QUICKLY SAY THEM UNTO A PHIAL OF WATER.** This way, in just a few minutes, we can produce an efficient healing complex against the flu, or utter a single cure against the flu, whichever we consider most suitable.

### **THE PRACTICE**

We must naturally obey all homeopathic principles in order to make our verbal homeopathic preparation work:

1. When saying the name of the substance or problem, we must always add its attenuation, which must be above 9C, and would ideally be **10M = 10.000C**, **100 CM = 100.000C**, **MMM = 1000.000.000C**, even **MMMMM** or **MMMMMMMMMM**. In our experiments we have reached up to 12 M. I will not forget my own amazement hearing that one of my students had managed to overcome her severe premenstrual syndrome with an attenuation of **MMMMM**. We had earlier tried homeopathic preparations with an attenuation of 9C, 15C, 200C, 10M and CM. The effect was that the symptoms were alleviated but there was always something missing. When she made (spoke) a complex of Magnesia carbonica

MMMMMMM, Folliculinum MMMMMM and Progesteronum MMMMMM, the problems were definitely settled. The case in point is a premenstrual syndrome accompanied by a cold, dysmenorrhea and very sharp spasmodic pains during the first two days, while bleeding dark blood. Since then, she has been taking this exact combination and she has had no pains, no colds and no worries.

Information about attenuations is given at the end of the book. This is a very important moment of the making of any verbal preparation because if the attenuation is not mentioned, the water will not get its healing effect and could even, conversely, have a negative effect. It should be mentioned that attenuations of the power of CM, 100CM, MMMMM have the strongest effect. This is an attenuation that corresponds to a homeopathic preparation diluted at 1,000,000,000,000,000C or an attenuation of 1 to 1 followed by 15 zeroes. If this preparation is to be made, this will require 1 quadrillion phials of 99 drops of water and will take a quadrillion times adding 99 new drops of water in the phial each time. This will take many months. There are no machines in Radionics that can achieve this. Using my method, however, this can be done in seconds.

2. After each utterance the phial must be shaken vigorously in order for the information to be transmitted to all molecules in it.

3. If making a complex of related preparations that, in their entirety, sharply increase the effect's perimeter, the shaking should be done after each individual utterance of each individual preparation with its attenuation.

In relation to mixing preparations I will quote the inventor of homeopathy, Dr. Samuel Hahnemann, who has this to say about the treatment of chronic and persistent cases: "Each psoric (primary for diseases) occurrence, manifested in the form of one of a multitude of chronic diseases it causes, can never be healed with a single anti-psoric medicine, but requires the use of several of these medicines and even, in the most severe of cases, requires that all medications be prescribed at once." In his Chronic Diseases treatise, he describes 47 anti-psoric medicines, the leader in that list being Sulfur. He continues by discussing the severe chronic diseases. "In that case (of a severe chronic disease), neither sulfur, nor any other anti-psoric medicine shall suffice on its own; in order for a complete healing to be had, the other anti-psoric medicines must be used, amongst which one or the other should be chosen depending on the symptoms observed and the rules of homeopathy." And further on: "I have discovered that in chronic diseases it is best to administer doses not more than two days apart, and in most cases, every day and all the time." Dr. Samuel Hahnemann.

This is also confirmed by current observations and in practice, where it is established that in cases of frequently recurrent inflammations and existing chronic disease, the patient, who is in acute condition, for instance severe rhinitis against a background of chronic sinusitis, will react with difficulty and ineffectively to a medication that otherwise demonstrates good efficacy. In such cases the main lesion must be treated starting with anti-psoric medicines and then, gradually following the patient's symptomatics, reaching to the bottom and the prime cause of the disease. We should not forget the main principle that the more diluted the preparation, the more powerful its effect. Often the homeopathic preparation should be taken for life because the lesions are deeper and have transgressed a certain limit no longer allowing recuperation. In this sense, the costless making of the medicine is not unimportant.

Information on the main types of preparations will be given further in the book.

4. The number of spoken substances in a complex must not exceed 10-12.

5. The phial must have a dropper because the newly derived dilution is an informational one and should not be contaminated. When drinking it, the mouth should be clean and the lips should not touch the dropper.

6. The phials should NOT be kept near electromagnetic fields or temperatures exceeding 50°C or lower than 4°C.

7. Ethyl alcohol 70% can be added to the water in the phial (not exceeding one third of the dilution). This will prevent the appearance of harmful microorganisms in the water without affecting the information contained in it.

8. When the phial is nearly empty and there is only a small amount of water left on the bottom, you can add 2/3 clean water and 1/3 ethyl alcohol and then shake vigorously 20-30 times. This is how we reach the next level of attenuation. Practically, any medication is immortal as long as we do not destroy or contaminate the phial.

9. Always shake the phial before drinking in order to dynamize the information again. The more you shake, the stronger the effect. Take a few drops with a clean mouth. You can take several different preparations one after the other. There are people who have many and severe diseases. With stenocardia, for instance, you can take a couple of preparations: for high blood pressure, for maintaining cholesterol levels and for the respective heart rhythm disorders. These should be taken at least once daily, one after the other, every day. People having angina and a cold at the same time are in a similar situation. They need to take the preparations every hour until the symptomatics disappears and can therefore take these one after the other. In conditions of brain-cranial trauma three or more preparations can be combined in short time intervals (14-20 minutes): Arnica, a brain-cranial trauma complex, an epilepsy preparation, and another one for neurological complications; a preparation for mental damage can also be added. Only in this way is the effect complete and impressive with light and medium trauma. With severe injury homeopathic complexes are again the best supportive and adjunctive therapy for active treatment, surgical interventions and the prolonged period of recovery.

10. Verbal homeopathy™ can be used locally as well. For example, in trauma with knee swelling with retained integrity (never in an open wound), you can spill drops of the dilution on the swelling. The phial must be shaken before use. Naturally, the preparation must also be administered orally. This way we have double action: general and local.

11. During verbal homeopathy treatment **it is not necessary** to quit drinking coffee, smoking, or avoid medium strength mints or toothpaste. They have no way of acting as an antidote to verbal homeopathy. Of course, it is never advisable to have too much of these things. Homeopathy, like verbal homeopathy, works much better for people who take in fewer poisons (alcohol, cigarettes, stimulants, narcotics, excessive quantities of food) because if, for instance, you drink 6 cups of coffee or smoke 60 cigarettes a day, you can hardly expect that anyone or anything can help you. This is why it is good to do enough movement, eat moderately, use food supplements (vitamins, minerals, Omega 3 etc.), drink at least a liter and a half of water every day and not indulge your bad habits (limit yourself to 10 cigarettes, 2 cups of coffee, one glass of alcohol). During prolonged taking of verbal homeopathy you will spontaneously gradually decrease the amounts of poisons you take in your life. The change in your energy status will attract new people to you, new opportunities and situations, and this will also help you in a purely physical plan.

It is also advisable to avoid inhaling camphor, strong chemicals, gasoline, bleach, lavender when taking verbal homeopathy™. But if you happen to, just take in some more of your verbal homeopathic preparation.

12. In **verbal homeopathy™** there are also the so called homeopathic crises. This phenomenon is described in every textbook or reference book on homeopathy. It is manifested as a deterioration of the patient following the activation of the patient's immune system. Homeopathic crises come in the form of severe pain for a short time, high temperature, rash, vomiting, diarrhea, headaches, acute fatigue, drowsiness, dizziness, tachycardia, tremors, spasms etc. Reactions actually depend on the patient and their individual condition. The course of these reactions has been given much attention in the homeopathic literature. These crises, when concerning an acute illness, usually wear away quickly and resemble abating waves, followed by recuperation. Often, however, in chronic diseases and organ damages, the crises are more prolonged, repeated and sometimes will not go away, but get locked on a given symptom. This requires either a higher attenuation of the administered preparations or a new picture is formed of further homeopathic preparations that must be given additionally in succession on a daily basis in the Samuel Hahnemann manner quoted above. So, the homeopathic crises gradually subside and the person is stabilized, and with time, they improve. This mechanism of action usually accompanies maintenance therapies in advanced chronic diseases. Of course, with some people there is no homeopathic reaction, but only an improvement or a stasis phase of the disease in the more severe and most complicated cases. This is particularly typical in older people. The reaction is strictly individual.

Following these rules, you already have an eternal medicine, which only depends on the strength of A WORD. And, of course, it also depends on a good knowledge of homeopathic practices and preparations. But even if you don't have it, you can still help yourself. How, you will see at the end of the book. This, however, is not just homeopathy.

For example, you want to make a preparation against the flu:

The list of the complex contents below shows that it contains 9 preparations.

### **1. Gelsemium sempervirens - yellow jasmine. Say "Gelsemium MMMMM".**

Indications are: - A typical picture of toxicoinfectious syndrome: fatigue, weakness, muscle aches all over, sweating, fever, nausea, vomiting, headache in the neck, numbing pains along the spine.

- An encephalitic form of the flu after a strong cold: shivering, severe headache with engorgement, fever and stiffness with a sense of numbness.

- Profound unease, the effects of emotional shock, which leads to mental block.

### **2. Bryonia - White Pumpkin. Say "Bryonia Alba MMMMM".**

The indications are: flu-like illness characterized by fever, complete immobilization to stupor with pain in the joints, weakness and fatigue, inability to move, dry mucous membranes, thirst, sweating, headache. Patient seems extremely concerned about the future.

### **3. Eupatorium - Bonesets, Thoroughworts. Say "Eupatorium MMMMM".**

The indications are: typical toxicoinfectious syndrome with severe bone pain, fever, fatigue, severe muscle aches and pains as in broken bones, a painful sensation in the eyeballs, sweating, running nose with sneezes, headache, restlessness.

#### **4. Rhus toxicodendron Say "Rhus toxicodendron MMMMMM".**

The indications are: toxicoinfectious syndrome affecting the joints with high fever, restlessness, which requires movement, painful stiffness which also requires movement, dry mucous membranes, red triangle at the end of the furred language, sweating, diarrhea, headache. - The flu is often accompanied by cold sores in the mouth. - the acute condition is often caused by immersion in cold water, especially of the legs or because of rapid temperature change from warm to cold.

#### **5. Phytolacca Say "Fitolaka MMMMMM".**

The indications are: tonsillitis-like flu with fever, headache with engorgement, dizziness, muscle aches, sore throat, increase of tonsil size, burning pain on swallowing, inflammation of the cervical lymph nodes.

#### **6. Baptisia tinctoria - wild indigo. Say "Baptisia tinctoria MMMMMM".**

The indications are: an intestinal form of the flu - fever, a feeling of pain in the muscles, headache, tightness of the base of the skull, pain in the eyeballs, dry mucous membranes, pain in the abdomen, diarrhea, fatigue, dizziness, feeling of increased volume of the head. Risk of dehydration.

#### **7. Tuberculinum aviaire - avian tuberculin. Say "Tuberculinum aviaire MMMMMM".**

The indications are: observed in asthenic children and adults who have sensitive airways and are prone to tonsillitis, otitis media, pharyngitis and rhinitis. It is aimed at people with allergic problems and those with asthma and asthma-like bronchitis. This is a broader-action preventive preparation against post-influenza complications.

#### **8. Nux vomica - strychnine tree. Say "Nux vomica MMMMMM".**

The indications are: flu syndrome with muscle aches, pains in the lumbar region as if from bruising, the patient needs to sit up in bed in order to turn around, fever, in which nothing can warm them, running nose with strong sneeze, headache in the crown.

#### **9. Belladonna. Say "Belladonna MMMMMM".**

The indications are: quickly rising temperature with a warm, flushed face and profuse sweating. The preparation is recommended for all types of infectious diseases, including the influenza syndrome with fever and reddening. It is the best homeopathic remedy against and during hyperthermic seizures and headache at high temperatures. It can always be used as a standalone preparation. With very high temperatures, it can be taken every 5-10 minutes.

## **PART 6**

### **How exactly do we make verbal homeopathy™?**

1. You need a clean phial with a dropper of 10, 20, 30, 40 or 50 ml. The larger phials are not as convenient as they need to be shaken constantly. The phial should be a darker color: brown, green, cloudy white. In general, colored glass phials are preferred, but plastic ones can also be freely used.

2. In a case of emergency, when you have to quickly prepare the medicine and every minute is precious, you can use a bottle of mineral water of 350 ml or even 500 ml. When drinking,



however, you should pour the liquid in the cap and not touch the mouth while ingesting. Shaking before each drinking also remains mandatory. This method is necessary for trauma of any kind, when it is urgently required that the patient takes in Arnica, Apis or Aconit. In this case you can take a bottle of water and clearly say aloud "Arnica CM". Shake vigorously and you will instantly have the best homeopathic preparation for accidents, shock, or vascular accident of any kind, including stroke and heart attack. This preparation relieves the condition and assists any other special treatment, which can sometimes be lifesaving, because it gives you the chance to stay alive to get to a medical facility for active treatment. The verbal preparation should be taken every 2-3 minutes. It should also be taken in the hospital, simultaneously to all other emergency measures.

But let us return to the influenza preparation.

3. Once you have the phial, make a list of what you have to say and the attenuation that you will use.

In this case:

1. Gelsemium 100 CM, or MMM, or MMMMM
2. Bryonia alba 100 CM, or MMM, or MMMMM
3. Eupatorium 100 CM, or MMM, or MMMMM
4. Rhus toxicodendron 100CM, or MMM, or MMMMM
5. Phytolacca 100 CM, or MMM, or MMMMM
6. Baptisia tinctoria 100 CM, or MMM, or MMMMM
7. Tuberculinum aviaire 100 CM, or MMM, or MMMMM.
8. Nux-vomica 100CM, or MMM, or MMMMM.
9. Belladonna 100CM, or MMM, or MMMMM.

Thus the complex, which you will be saying, is ready.

For clarification: the toxicoinfectious syndrome includes all the symptoms of influenza: fever, headache, sweating, adynamia (lethargy) and drowsiness, joint and muscle pain and numbness, vomiting, diarrhea.

4. Then take the phial filled with 2/3 clean water and 1/3 ethyl alcohol and start to utter the ingredients one after the other:

1. Speak loudly and clearly: Gelsemium 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

2. Speak loudly and clearly: Bryonia alba 100 CM, or MMM, or MMMMM

Close the lid and shake vigorously.

3. Speak loudly and clearly: Eupatorium 100 CM, or MMM, or MMMMM

Close the lid and shake vigorously.

4. Speak loudly and clearly: Rhus toxicodendron 100CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

5. Speak loudly and clearly: Phytolacca 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

6. Speak loudly and clearly: Baptisia tinctoria 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

7. Speak loudly and clearly: Tuberculinum aviaire 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

8. Speak loudly and clearly: Nux-vomica 100 CM, or MMM or MMMMM.

Close the lid and shake vigorously.

9. Speak loudly and clearly: Belladonna 100 CM, or MMM or MMMMM.

Close the lid and shake vigorously.

Then put in the dropper, close, write on a sticker what you will be using the preparation for, as well as its contents, mark the date, and you are done.

You can drink this verbal preparation every day as a preventive measure. During a flu epidemic, it can be taken 5-6 times a day, and if you have acute symptoms you may drink it every 10-15 or 20 minutes while awake. The severity of the condition defines the quantities taken. No restrictions.

The treatment of the flu is an essential treatment because this infectious disease may practically lead to subsequent severe chronic diseases of the locomotory system, the lungs, the heart and kidneys, only visible years later. In its quick complications, the flu can rapidly progress to encephalitis or meningitis. Thus, its treatment with homeopathy and verbal homeopathy is not comparable to anything else, because every preparation in the upper complex, taken at the very beginning, protects against certain types of complications and they simply do not occur. This method is combined with all other methods in medicine that are imperative if treatment has been delayed, complications have already occurred, or the patient has underlying chronic diseases.

## **PART 7**

### **ACUTE CASES**

The treatment of the flu is the treatment of an acute infectious disease. It is similar to the treatment of colds, light and medium injuries, various other acute inflammatory processes such as otitis, tonsillitis, pharyngitis, laryngitis, acute bronchitis, tracheobronchitis, rhinitis of various origins, conjunctivitis, other acute inflammatory processes in the urogenital system and so on and so forth.

For all these diseases, informational therapy is generally the best method because the body has not yet been chronically damaged.

However, even with severe chronic diseases, these verbal homeopathic preparations can be a good adjunctive therapy. They combine with absolutely any treatment, and any preventive method, taking up to one third of the healing process. When using them, they strongly reduce the side effects of various treatments using heavy chemicals. Of course, when the patient is already in an advanced stage of cancer, diabetes, heart, kidney or respiratory failure, too little can be done other than provide some relief. Verbal homeopathy™ is, however, indispensable in the prevention of all severe diseases, including genetic diseases during pregnancy; in all severe cases, including severe trauma and the onset of all severe chronic diseases such as diabetes, chronic bronchitis, asthma, chronic allergies, gastritis, enterocolitis, colitis, hypertonia, ischemic heart disease, even in the early phases of dilated cardiomyopathy. It affects remarkably the initial stages of various hormonal dysfunctions, preventing or disallowing their aggravation. It works flawlessly with all other methods of treatment and significantly increases their effectiveness. In practice, people who have been treated since they were babies, and before that, with homeopathy and have never discontinued this treatment, do not actually suffer from chronic diseases and reach a ripe old age, except if involved in an accident.

Monopreparations can be created, as well as complexes of spoken homeopathic preparations with appropriate attenuations and their respective characteristics for each disease to which the homeopathic method is relevant.

That is actually not a system for healing but a new way of life that you can teach your children to as well. Informational treatment in children may start before conception and during pregnancy with the so-called eugenic care for the fetus. After that, the prevention in the now born healthy and normal child continues throughout their entire life. Informational preparations cover the entire spectrum of prevention of the side effects of various vaccines, indisposition from colic caused by artificial feeding and neuralgia during tooth growth. For children who are cared for in this way, the acute and allergic diseases are much fewer and if they ever occur, they can be controlled again with the help of verbal homeopathic preparations and soft conventional methods.

### **SOME COMPLEXES:**

Here is how to prepare a complex for high blood pressure, which is caused by constant nervous stress, insomnia, bereavement, systematic overeating, alcohol and cigarettes abuse, sedentary lifestyle. It is generally considered that the systematic overloading of the nervous system gradually leads to the reduction of its regulatory function with regard to blood pressure. The preparation is complementary when it comes to high blood pressure due to a serious kidney disease, heart or endocrine system disease.

#### **1. Nux vomica - strychnine tree.**

Indications are:

1.1. Nervous syndrome with spasms, general hyperreflexia, hyperesthesia to noise, odors, touch. Temper Dysregulation Disorder associated with irritability, anger, aggression. Insomnia in overworked people who wake up at 2-3 a.m. and have difficulty falling asleep

again. Migraine in overworked and stressed people. Spastic high blood pressure. Urinary retention with false urge.

1.2. Digestion syndrome with furred tongue with yellowish-white coating, nausea, constipation with false urge, drowsiness after meals, itchy and painful hemorrhoids.

These people are nervous, anxious, irritable, quick tempered and very active. They show intolerance in the face of the tiniest obstacle. They work in conditions of overloading and office problems. Their way of life is sedentary, they abuse alcohol, coffee, tobacco, they overeat. They gradually come to a blockage in an emotional and psychological plan.

## **2. Gelsemium sempervirens - yellow jasmine - creeping shrub of the Gelsemiaceae family.**

Indications are:

2.1. Nervous syndrome with anxiety because of prior experience of a future disturbing event at night. Headache at the rear of the head. Depression, memory impairment, tremors due to emotions or bad news. The effect of emotional shock and mental blocking, which may be accompanied by diarrhea and poliuria. (frequent urination in small amounts or in drops of urine).

## **3. Aurum metallicum - metallic gold.**

Indications are:

3.1. Reactive depressive syndrome in adults. Excess activity and cheerful mood, followed by depressive symptoms that are obscured. Frequent and intense outbursts of anger. Huge irritability, where the tiniest contradiction causes anger. Feeling of disgust and anger towards work. Suicidal thoughts.

3.2. Cardiovascular indications associated with high blood pressure, hot flushes and congestion (engorgement) in the head. Heart excitement and extrasystoles (premature heart beats that can be followed by a big break). Feeling as if your heart stops and starts again with a jump, bouts of suffocation, a feeling of fear and anxiety. Stenocardiac pain on exertion.

These are hyperactive, over-ambitious people with a great sense of duty and strong pride. They often abuse alcohol and stimulants.

## **4. Sulfur**

Indications are:

4.1. Cardiovascular indications associated with high blood pressure with a sense of warmth, tinnitus, vertigo. Tachycardia and dyspnea (shortness of breath) that causes the patient to wake up at night, and also occurs on exertion. Feeling of heaviness on the chest. The preparation is used in most patients with diabetes with obesity as supportive treatment.

4.2. Stomach-bowel syndrome with gastritis, enterocolitis, colitis, liver and bilious migraines, constipation with burning hemorrhoids. All this is associated with overeating and alcoholism.

These are hyperactive, outgoing people with enormous power and ambitions. They can often speak more than do real work. They are impulsive and react violently to difficulties with fits

of anger. They can often be aggressive. Under the influence of fatigue they can become lazy, negligent and messy. Often they cannot be relied upon, despite their loud claims for super abilities.

## **5. Glonoinum - dynamite**

Indications are:

5.1. Cardiovascular indications related to sudden increase in blood pressure in hypertonic patients, sudden occurrences of congestive (blood inrush) headaches, hot flushes, a feeling of fullness and tightness around the neck, stenocardiac crises, sudden heart excitement, paroxysmal tachycardia (extrasystole fits - hurried heart beats), which is related to distorted vegetative nervous activity. All this may be caused by sudden emotions, bad news, sunstroke or heatstroke.

These are active, nervous and ambitious people who react violently to the circumstances in life. They are predisposed to vascular-accidents: myocardial infarction, stroke.

## **6. Lachesis muta - Bushmaster venom**

Indications are:

6.1. Alcoholism with digestive disorders and painful, hypertrophic liver.

6.2. Nervous syndrome with alternating activity and hyper-sociability with depression. Many phobias: death, poisoning, being plotted against, snakes. Extreme jealousy and trust issues, frequent sighs and extremely strong sensitivity to touch, and tightness especially around the neck. Sense of pressure and suffocation around the heart area while falling asleep, fear of relaxation. Pulsating, congestive headache. Hot flushes. High arterial pressure, tachycardia and a feeling of anxious tension.

These are active, ambitious people who work under extreme stress and nervous tension. They tend to take stimulants. They control everyone and everything around them. They exhibit unusual zeal for their younger brothers and sisters, friends, spouses, parents, colleagues, bosses.

## **7. Arnica montana - Perennial plant of the family Asteraceae (or Compositae).**

Indications are:

7.1. Cardiovascular indications - decreased capillary and arterial resistance, arterial protection in hypertension and coronary disease patients. The preparation is used in all cases of cardiovascular overload and is a vascular protector. It has great influence in the presence of hematoma of any origin, inflammation of the arteries in complicated atherosclerotic plaques, traumatic hematoma, risk of hematoma with varices (varicose veins) and embolism. The preparation is often life-saving because it gives the patient time to react even in very severe cases. It is irreplaceable and has no alternative, even in allopathic (traditional) medicine in brain injury and complications following from it.

7.2. Muscle fatigue - the effects of sports overload, including of the heart, the effects of long walking, climbing, heavy physical work, insomnia due to excessive fatigue, a state of febrility as the effect of fatigue.

7.3. Traumatism - the preparation is used in any kind of attack, accident, injury, falls, especially in brain injury. Arnica is irreplaceable in pre- and post-operative treatment, and during labor because of its role of a vascular protector (prevents bleeding, hematoma, sharply reduces pain).

## 8. Baryta carbonica - barium carbonate

Indications are:

8.1. High blood pressure due to arteriosclerosis in adults. The preparation is used to prevent aging and motor and mental complications in cerebral vascular damage (cerebrovascular events, such as ischemic strokes).

Once you have the phial, make a list of what you have to say and the attenuation that you will use.

In this case:

1. Nux vomica 100 CM, or MMM, or MMMMM
2. Gelsemium 100 CM, or MMM, or MMMMM
3. Aurum metallicum 100 CM, or MMM, or MMMMM
4. Sulfur 100CM, or MMM, or MMMMM
5. Glonoinum 100 CM, or MMM, or MMMMM
6. Lachesis muta 100 CM, or MMM, or MMMMM
7. Arnica montana 100 CM, or MMM or MMMMM.
8. Baryta carbonica 100CM, or MMM, or MMMMM.

Thus the complex, which you will be saying, is ready.

Now take the phial filled with 2/3 clean water and 1/3 ethyl alcohol and start to utter the ingredients one after the other:

1. Speak loudly and clearly: Nux vomica 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

2. Speak loudly and clearly: Gelsemium 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

3. Speak loudly and clearly: Aurum metallicum 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

4. Speak loudly and clearly: Sulfur 100CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

5. Speak loudly and clearly: Glonoinum 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

6. Speak loudly and clearly: Lachesis muta 100 CM, or MMM, or MMMMM.

Close the lid and shake vigorously.

7. Speak loudly and clearly: Arnica montana 100 CM, or MMM or MMMMM.

Close the lid and shake vigorously.

8. Speak loudly and clearly: Baryta carbonica 100 CM, or MMM or MMMMM.

Close the lid and shake vigorously.

The complex has a preventive and healing effect.

During prophylaxis it can also be given once daily to younger people over 30 years, and even below that age, if predisposed and live in conditions of acute stress. For greater loads doses may be increased. It is advisable that the preparation be taken for at least six months each year.

The effect therefore is that in practice cardiovascular and neurological problems, for which high blood pressure is one of the main prerequisites, do not occur before a very advanced age is reached. Of course, it is better to combine it with other preparations for cardiovascular disorders.

With age, the doses may be increased. There are no side effects and no restrictions in reception. In acute conditions and nervous breakdowns the preparation can be taken every 10-15 minutes (pressure overloaded heart, bad news, emotional shock, loss of various nature, overheating, severe environmental conditions). The preparation can be successfully combined with Ignatia amara, which is the main medicine for mental shock of any kind. Not

accidentally, in some homeopathic schools the Ignatia is called the "cemetery" medicine. However, this is the preparation that can protect you from serious diseases resulting from emotional shock: diabetes, Hashimoto's syndrome (autoimmune thyroid disease), ischemic heart disease, severe depression, multiple sclerosis, cancer. Often people who suffer a serious loss in their lives or are subjected to constant severe stress will, within months of a couple of years, develop severe chronic diseases that are practically difficult to treat or are not treatable. Ignatia amara, taken repeatedly for at least a month or two, and sometimes years after the dramatic experience, virtually eliminates the possibility of this happening, especially if taken immediately and repeatedly. Say Ignatia amara CM, or MMM, or MMMMMM. It can be combined with other, deeper-reaching preparations for "loss" such as Natrium muriaticum, Lachesis muta, Phosphoricum acidum. In order to do this, however, additional information is needed.

Ignatia is virtually Arnika on an emotional level.

But to return to the preparation for high blood pressure.

In already ill people, it is compatible with any kind of treatment (medication, as well as high-tech, e.g. using a pacemaker, or having surgery performed). In severe cases, verbal homeopathy™ takes up to 30% of the treatment. It stabilizes the main treatment and substantially eliminates the side effects of allopathic (chemical) medications. Spoken homeopathic preparations have significant therapeutic effect even in the most severely ill. This type of homeopathy does not allow the emergence and growth of other comorbidities and thus prevents the rapid decline of the organism in conditions of severe chronic disease. For example, it can not cure insulin dependent diabetes of the second type, but will have a strong preventive and suspensive effect on the neurological and vascular complications of the disease.

In more severely ill patients, preparations must be taken consistently 4-5 times a day and in a crisis - more often times, even every 10 min. while awake. In practice there is no limitation on the number of administrations there.

## **PART 8**

### **SOME EMERGENCIES**

Verbal Homeopathy™ is particularly effective in an emergency.

In high temperature, for example, you can choose between:

1. Belladonna CM, or MMM, or MMMMM - rapidly rising temperature with a red, warm and wet face and diaphoresis (excessive perspiration) in acute inflammation. Variable desire for water. Intolerance to noise and light.
2. Aconitum CM, or MMM, or MMMMM - rapidly rising temperature with dry, red and hot skin. Desire to drink huge amounts of water. Strong anxiety and constant twitching and restlessness. The preparation is also suitable for the influenza syndrome (can be added to the influenza complex). It is also essential in cases of colds due to exposure to biting, cold and dry wind and a sudden, unexpected change in weather from warm to cold, or when falling into ice cold water or drinking ice cold water.



3. Gelsemium CM, or MMM, or MMMMMM - high temperature with almost total inability to move and total lack of desire to drink water.
4. Bryonia alba CM, or MMM, or MMMMMM - gradually rising temperature which stays high for a long time. Excessive thirst for cold water. Almost complete immobilization, pain at the slightest movement. Stiffness.
5. Stramonium CM, or MMM, or MMMMMM - extremely high temperature, which is not influenced by anything else. Dry heat and subsequent sweating. Cold limbs, strong thirst. Throbbing headache. The head is raised and tossed back to again sink in the pillow. Risk of hyperthermic seizures. Delirium, dilated pupils, circular movements to grip imaginary objects.
6. Chamomilla CM or MMM, or MMMMMM - high temperature with hot, heavy perspiration on the head and face. Strong thirst. One cheek is red, the other is cold, burning feet. Restlessness, irritability, anger.
7. Ferrum phosphoricum CM or MMM, or MMMMMM - slightly increased temperature, less than 39 degrees, which has been rising gradually. Alternating pallor and flushing of the face, wet skin without excessive perspiration. Hot flushes in the face, fatigue and feeling of intoxication.
8. Pyrogenium CM or MMM or MMMMMM - the preparation can be applied in all forms of acute and chronic infectious conditions accompanied by fever and suppuration. Use it to treat infected wounds and all purulent processes. It is indispensable for food poisoning. There is a discrepancy between the pulse and the temperature. The tongue is red and shiny, there is a pus smell. Patient has a feeling of soreness and bruising.

If difficult to establish the correct preparation, a verbal complex can be prepared from all the substances or from some of them for high temperature conditions. This may be used as prevention of colds and flu conditions in people who are predisposed to having high temperature.

#### EMERGENCIES:

In emergency and urgent situations where rapid response is required, you can make a preparation in two minutes' time to greatly alleviate the condition of the sufferer and in some cases to give them time to get to a specialized medical facility. These preparations are highly efficient even in very severe conditions and are compatible with any other emergency treatment applied. They can be combined with each other.

#### 1. Arnica Montana CM or MMM or MMMMMM

The indications are: all traumatic injuries due to accidents, falling, fractures, domestic trauma, beating, surgery, including childbirth. Arnica acts as a strong vascular protector. It prevents the development of blood clots, disperses suffusions extremely quickly, hematoma, ecchymoses, varicose, relieves all types of bleeding, helps manage states of shock quickly, significantly reduces pain, acts preventively in hypertensive and cardiac-disease patients and alleviates the condition in stroke or heart attack; in such cases it is often life saving.

Arnica is used in all types of muscle fatigue, climbing, carrying weights, field work, construction work, high sports mastery; the preparation prevents or reduces the pain in muscle fever, relieves the load on the muscles, allows for much easier recovery. It is good to take Arnica before, during and after overloading.

Arnica is the main preparation to use after childbirth. It should be taken continuously from the first moment of starting labor, during labor and until full recovery after 30-40 days. Doses are diluted in accordance with improvement. Arnica can be taken during labor every 5 minutes. It is compatible with any type of surgical intervention.

## 2. Belis perenis CM or MMM or MMMMMMM - daisy

Indications are: - Hits in the abdomen and pelvis minor following car crashes or other accidents. It prevents bleeding and relieves the condition after bleeding. It should be taken intensively for a month or two after the injury, and possibly longer, depending on the severity of the incident, but for at least a month after the symptoms (pains) have faded, in view of deep internal injuries that cannot always be identified. Patients often die of internal bleeding a couple of months after the incident, especially after they have been discharged from the hospital. In this sense, both Arnica and Belis perenis have no analogy in medical practice in respect of their preventive function. Their prolonged and regular administering effectively prevents such accidents.

## 3. Conium CM or MMM or MMMMMMM - hemlock

Indications are:

- Heavy blows in the chest area after accidents. The preparation leads to faster recovery and prevents or relieves bleeding in this area. Take for at least a month after the symptoms (pains) have faded to prevent complications of deeper internal injuries that cannot always be identified.
- Has an effect on acute paresis of motor and sensory nerves resulting from accidents.
- Favors the spreading of various concretions in the body resulting from accidents.

## 4. China CM or MMM or MMMMMMM - cinchona bark.

Indications are:

- Management of small to medium internal and external bleeding due to accidents.
- Relief in conditions of severe blood losses (internal and external). Should be taken simultaneously to therapeutical emergency measures.
- Nose bleeding.
- Recovery from severe blood loss and accidents. In this case, it should be taken for months.

## 5. Phosphor CM or MMM or MMMMMM - white phosphorus

Indications are:

- Frequent, recurrent heavy bleeding.
- Manages weak and medium hemorrhages in various accidents.
- In severe blood loss, it is combined with traditional styptic and healing methods - transfusion, anti-shock therapy, haemostasis.
- Nose bleeding.
- Bleeding in the intestine. Effectively combines with any other treatment methods.
- Heavy bleeding in the urine - haematuria.
- Very heavy menstruation with risk of anemia.
- Bleeding from ulcers in the stomach.
- Bleeding from wounds and ulcers that bleed abnormally.
- Spitting blood - haematemesis.

The preparation should be given continuously during the incident and for about a week to a month after the symptoms have faded, depending on the seriousness of the case, in view of avoiding future complications. Combined with any other emergency actions: transfusion, anti-shock therapy, surgery.

In anaemia and large blood loss, the treatment lasts for months until the patient is fully recovered. Can be successfully combined with Ferrum metallicum or Ferrum phosphoricum, as well as with China.

## 6. Sulfur acid CM or MMM or MMMMMM - sulfuric acid

Indications are:

- Post-traumatic persistent suffusion with severe pain, stiffness and severe infectious conditions. Risk of sepsis and internal bleeding.
- Bleeding with black, liquid blood.

This preparation may very well follow Arnica, especially in persistent suffusion and complications. Accompanied by headache with a feeling as if the brain is rocking in the skull.

## 7. Bothrops lanceolatus CM or MMM or MMMMMM - Poison of botrops lantseolatus (Brazilian snake species)

Indications are:

- Different types of bleeding with black non-coagulating blood and a near-collapsing state, lethargy, pale marbled skin, cyanosis, shortness of breath, weak pulse.

- Cerebral hemorrhage (stroke)
- Bleeding in the stomach
- Deep arterial thrombosis
- Thrombophlebitis
- Bleeding nose
- Capillary bleeding
- Super-infection with suppuration.

8. Carbo vegetabilis CM, or MMM or MMMMMMM. - Medicinal charcoal.

Indications are:

- State of collapse: general weakness, pale-grey to bluish face, cold skin covered with cold sweat on the forehead and face, cold breath, rapid and shallow breathing, weak pulse. Very characteristic is the need to fan oneself. This relieves and comforts the patient. Often, in homeopathy, this preparation is called "reviver of corpses“.
- It can be applied in conditions of acute respiratory failure and heart failure as an aid to the classical treatment.
- Hemorrhage of black blood.

9. Hydrocyanicum acid CM or MMM or MMMMMMM - potassium cyanide

Indications are:

- Emergency assistance in cases of stenocardia with arrhythmias and a tendency to collapse (lethargy and freezing);
- Vascular cerebral accident (stroke) with choking and cyanosis;
- The preparation is extremely useful in cases of drowning and suffocation.

10. Ledum CM or MMM or MMMMMMM - ledum

Indications are:

- Suffusion in trauma (clots around the eye from a hard object, around the fingertips and feet). The skin is cold and marbled. Traumas from stabbing, biting and stinging (thorns, nails, blades, knives, needles, animals and insects). There is often an itching and a rash. The symptoms are relieved by cold and worsen by warming.

11. Hypericum off. CM or MMM or MMMMMM - St. John's Wort (arnica of the nervous system)

Indications are:

- Any type of nerve injury resulting from puncture, crash, laceration, cut;
- Lubrication and bruising of the limbs;
- Any stab wound - puncture, biting, stinging;
- Nail extraction;
- Phantom pain in severed limbs;
- Effects of neurosurgical intervention;
- Cranial-cerebral injury with headache and memory disturbance;
- Facial neuralgia by cold (in the first days or at the moment of paresis);
- Tooth extraction;
- The pains along the nerves are distributed centripetally. The pains worsen sharply by touch.

Stinging and biting

A verbal preparation can be quickly made to alleviate the condition in stinging and biting. You can choose between several possible preparations, or you can prepare a complex of all the options that can be carried and used when needed. Taking a few drops immediately after the stinging has a rapid effect and is particularly good for children.

1. Ledum CM or MMM or MMMMM - Ledum is the No. 1 preparation for stinging and biting.

Indications are: any stinging and biting. Give every 10-15 minutes. The affected area is cold (swollen, firm and red) and is relieved by cold. Ledum quickly alleviates the situation in severe allergic reactions to stinging. The preparation is suitable for all cases of stinging by any animal - from mosquitoes to dog or reptile biting.

2. Apis melf. CM or MMM or MMMMMM - bee

Indications are: stinging by wasps or bees. The spot is painful, with biting pain, swelling, swollen and sore. It is alleviated by cold. Worsens by exposure to heat, even when sitting in a warm place. Give every 5-10 minutes. If the stinging is near the mouth and there is a laryngeal edema and severe allergic reactions, it can be given every 2-3 minutes. Making a

verbal preparation in this state within 20-30 seconds may be life-saving, especially if nothing else is available. This gives the patient a chance to reach a hospital in very severe cases.

### 3. Cantharis CM or MMM or MMMMMMM - Spanish fly.

Indications are: stinging with strong burning, sharp, biting pains that are unbearable. There is a strong reddening, even ulceration, intense rash.

### 4. Hypericum CM or MMM or MMMMMMM - St. John's Wort

Indications are: snakebite. The preparation is given every 10-15 minutes, or possibly more often. It combines well with the standard methods of treatment with a serum injection. The verbal preparation can stabilize the condition of the sufferer until the serum is delivered. In less severe cases of less poisonous reptiles, it is enough to only give the preparation. The pain along the nerve is centripetal.

### 5. Urtica urens CM or MMM or MMMMMMM - Nettle

Indications are: acute allergic skin reaction with rash and itching in bee or wasp stinging. A burning sensation, redness, swelling, intolerable itching at the slightest touch. Deteriorates upon contact with water and cold.

### 6. Tarantula cubensis CM or MMM or MMMMMMM - Tarantula

Indications are: unbearable painful burning sensation after stinging or biting. Cyanosis of the skin and swelling at the spot.

### 7. Carbo acid CM or MMM or MMMMMMM - carbolic acid

Indications are: the preparation has proven efficient in very strong allergic reactions to collapsing (fatigue and cooling) consequent to bee or wasp stinging. Painful itchy rash, which may extend to ulceration. It is given every 5-10 minutes depending on the degree of the allergic reaction. In a more serious condition, it may be applied every 2-3 minutes.

## **Fractures, sprains, dislocations, severe physical overload**

### 1. Arnica montana CM or MMM or MMMMMMM - arnica

Indications are: fractures and injuries with swelling, suffusion and severe pain. The preparation controls the shock, reduces the pain and prevents the occurrence of hematoma, and where there already are hematoma, it spreads them more quickly and prevents complications. Drink from the beginning, every 10-15 minutes, and if the situation is very

severe, take it every 2-3 minutes. Doses are diluted in accordance with improvement. Take for at least a month after the last symptoms have subsided and the bones have healed.

## 2. Rhus toxicodendron CM or MMM or MMMMMM

Indications are: sprains, strains, dislocations and overload of the joints. Often there is a strong uneasiness and anxiety, as well as stiffness, swelling and pain in the muscles, which is alleviated by a more prolonged movement (in some cases). Is improved by warmth and dry air. Deteriorates severely by exposure to moisture.

## 3. Ruta grav. CM or MMM or MMMMMM - rue.

Indications are: all injuries affecting the tendons, joints and periosteum (the tissue covering the outer surface of bone). It works very well with dislocations, sprains, luxations and overloading of the knee, ankles and wrists. The joint is stiff, swollen and very painful. The pain in mild cases is relieved by a prolonged movement. The tendons feel too short, bruised and painful. Improvement is observed by exposure to warmth and dry air, and deterioration from moisture.

## 4. Hypericum perf. CM or MMM or MMMMMM - St. John's Wort

Indications are: any trauma of the limbs and spine that affects the nervous system. Fractures, lubrication, bruises, luxations. The preparation works especially well in injury to the fingers and toes, trauma to the coccyx, including birth trauma, trauma of the nerve endings in the ears, lips, nose, terminal phalanges of the fingers.

- The preparation is used in the syndrome of patients who have suffered cranial trauma with headache, dizziness and memory impairment.

## 5. Symphitum 5C, 9C - comfrey

Indications are: the preparation facilitates the healing in fractures, reduces and relieves pain. This is a preparation used in low attenuations, because the effects are mainly physical.

High attenuations such as 100CM, MMM, MMMMMM can be used in various congestions, adhesions and traumatic swelling of the bones.

## 6. Eupatorium perf. CM, or MMM, or MMMMMM – Eupatorium perfoliatum

Indications are: severe pain in fractures and injuries of the limbs and muscles. Deterioration in each movement.

## 7. Bryonia alba CM or MMM or MMMMMM - white pumpkin.

Indications are: cracking and fracture of ribs. Severe pain in the joints from overloading, especially of the knee. Often there is swelling. Patient is unable to make any movement. The preparation is essential in a serous swelling; combines with Apis.

## 8. Silicea CM or MMM or MMMMMM - silicon

Indications are: broken limbs, coupled with acute shortage of silicon and calcium - osteoporosis. Difficulties in healing. The preparation is often used in children who grow too quickly during their maturation. In such cases Silicea successfully combines with Calcarea phosphoricum.

9. Calcarea fluorica CM or MMM or MMMMMM - calcium fluoride.

Indications are: recurrent sprains from excessive looseness of the joints and slackness in the tissues. The preparation is essential in predisposition to or presence of osteoporosis, osteoarthritis with presence of osteofites (exostoses), lumbago.

## **PART 9**

### **KEY PREPARATIONS**

In the course of their experimental medicine, the homeopaths, and even Samuel Hahnemann, found out that there were the so called "sensitive types", i.e. people who have similar psychosomatic characteristics and respond well to certain basic (broad) homeopathic preparations. The continued taking and alternation of these, depending on the patient's symptoms, leads to the permanent healing even of serious chronic diseases. In other particularly adverse cases, this is a very good supportive therapy, including for life.

Hahnemann speaks of several causes of diseases (miasm) and, respectively, of groups of people who are predisposed to the respective groups of diseases.

### **PSORA**

The first and most basic type he calls "psora". He considers it essential and it includes the majority of people. In the treatise on "Chronic Diseases", he describes 47 antipsoric preparations.

People who respond well to "psora" have no power, and their vital processes run languidly and slowly, the person is always tired and puts up with everything and everyone. They are satisfied with little.

These people have 5 key characteristics:

1. Alternating of pathological events in the body. Skin infections are alternated with inflammation of the mucous membranes. For example, a rash that after passing (healed by an ointment) is followed by a cold, which after passing (healed by drops) is followed by a rash and then again by another inflammation of the mucous or serous membranes. This process can last months, alternating and eventually reaching a chronic condition of either the dermatitis or of the inflammation of the mucosa. This is especially typical in young children.
2. Alternation of behaviors. Alternation of optimism, punctuality and vitality, with signs of irritability, angering, and negligence, reaching to apathy in the final stages. In an acute situation these people can change quickly and easily from crying into laughter and exhilaration. There is hysteria and spasmophilia. In the final stages, severe depressive states may be observed, which become increasingly long and frustrating.
3. Propensity to parasitosis.
4. Difficult recovery after an illness; due to the extreme lack of energy and thus of effective resistance, these people recover very slowly from acute medical conditions. They exhibit a propensity to being anemic. Treatment is usually prolonged and painful.



5. Lack of rapid response to treatment; again due to lack of energy and a good immune response, these people are hard to influence in acute illnesses (rhinitis, angina, laryngitis, pharyngitis, lymphadenitis, otitis media, bronchitis, asthma, frequent angina with third tonsil) with carefully-chosen homeopathic preparations. Which is why it is good to commence the treatment in a more relaxed stage. In such situations, the acute phase, which will occur soon, will pass much more easily. Otherwise the patient may experience disappointment of the homeopathic approach and miss a major opportunity for a complete change of life.

In these cases, Hahnemann's recommendation to use multiple antipsoric preparations given daily in high attenuations and for a long time is very useful.

The most basic preparations to respond well to "psora" are:

#### 1. Calcarea carbonica - calcium carbonate

Peace, security and languidness.

These are people with a healthy, stable and shortened structure. They are strong in appearance, balanced and conservative. They are usually slow and relaxed, reserved and independent in life. They dislike efforts and sports. They focus on what they do. They speak softly, gently and slowly. They are usually good-natured, helpful and placable. They do not like change. Their main desire is for peace and security. Stress, physical and mental strain makes them sick easily. They dislike surprises and novelty. They are very shy and easily withdraw from combat. They exhibit a strong propensity towards depression. Fatigue is very quick to occur in these people; they are highly sensitive to cold, and tend to spasmophilia. They can often be both corpulent and languid.

Effect:

#### 1. On metabolism (propensity to form lithiasis - gall and kidney stones)

- High blood pressure
- Obesity
- Gout
- Diabetes

#### 2. On the lymphatic system and tonsils.

- Inflammation of the tonsils with propensity to suppuration
- Hypertrophy of the cervical lymph nodes.

#### 3. On bone remodeling (metabolism) (calcium and phosphorus)

- Demineralization: solid congestions (discopathy, hardenings, osteoarthritis, congestions in the endocrine system - adenomas, lipomas, fibromas).

4. Skin diseases: eczema, warts, polyps

Alternation of ENT infections with skin problems - a cold and eczema.

Sensations:

- Worsened by cold in all its forms (patient sleeps with the socks on)
- Deterioration at full moon
- Desire for sweets, as well as for many eggs
- Sweating around the neck after falling asleep
- Very easily tired
- Puberty is often late, sore breasts prior to menstruation.

## 2. Sulfur

This is a substance, which, according to Samuel Hahnemann, was the leader of the so-called antipsoric medicines. People who respond well to its characteristics are typical representatives of "psora".

These people, when in good health, are very active, cheerful and optimistic. At the same time they are very selfish and often this vitality is merely superficial. They communicate without really being overwhelmed by the problems of others. They soon forget about the conversation. They often use their community to achieve their goals. When they change to the opposite phase of their behavior, they become angry, irritable, confused and inaccurate; they start to talk a lot and do nothing. They may reach to a severe apathy, lethargy and total neglect of duties and appearance. They have a propensity to alcoholism and even to endless feasts. They are always hot and flush easily.

Effect:

1. On the skin - itching, which worsens in warm

- Any dermatoses - redness, rashes, blisters, wet and dry; herpes, eczema, acne, allergic rashes, recurrent stye, complications after trauma that lead to dermatitis.

2. On the ENT (ears, nose, throat)

- Periodic fever with redness, itching and respective sneezing;

- Asthma, worsening at night and improving from fresh air. May be accompanied by chronic spastic bronchitis. Usually alternated with skin ailments.

3. On the gastrointestinal tract: gastritis, ulcers, colitis, enterocolitis, inflammation of the oral cavity. Accompanying liver ailments. All this is accompanied by burning, caustic pain. Usually, inflammations alternate with skin inflammations.

#### 4. On the bone-joint apparatus.

- The preparation has an impact on the hip and knee joint, the thumb and wrist joint.
- Lumbago.

#### 5. On the heart area.

- High blood pressure (headache and engorgement relieved by warming), contrary to the common modality.
- Left-side ventricular failure - tachycardia, shortness of breath, tightness of the chest, feeling that the heart is larger, in dilatative cardiomyopathy in its early stages, with ischemic heart disease also in its early stages. In advanced diseases, the preparation is complementary to the primary therapy. This condition may be accompanied by depression, alcoholism, obesity. The preparation is efficient mainly in diabetes and cardiovascular complications of diabetes.

#### 6. On the genitourinary system: chronic cystitis, colpitis (inflammation of the vagina) with strong redness, itching and restlessness. Sensations:

- Burning sensation and heat in the mucous membranes Hot feet Flushing in the face
- Deterioration from warmth
- Secretion odor
- Itching in a warm bed and intolerance, or hypersensitivity to woolen clothes;
- Desire for mild climates; the person cannot tolerate very cold and warm.

#### 3. Lycopodium clav. - northern firmoss

These are people who wanted to be somebody, but due to various circumstances have remained small and others have grown around them and have outshined them in life. This evokes a strong sense of inferiority. They lose faith in themselves and their abilities, flee from responsibility, become very irritable. They become domestic dictators. Due to lack of self-confidence they appear strict and orderly, they criticize and contradict others, if given the chance. On the other hand they make no commitments and take no responsibilities. These people are hypersensitive, unstable and too emotional; they are busy, impatient and nervous. They are often very wordy and appear confident, but this is an illusion. They have many desires, but cannot fulfill them and become discouraged. They easily grow old (age prematurely). Skin infections are alternated with inflammation of the mucous membranes. At a behavioral level, they alternate anger and irritability with depression, apathy and indifference to life.

Effect:

1. On the skin: eczema, very oily skin, chronic skin hives, they often have cracking heels. Alternation of inflammation with fever and angina.
2. On the ENT (ears, nose, throat)

- Chronic cold: dry during the night and liquid during the day.
- Acute, recurrent angina, mostly to the right.
- Pneumopathy to the right

3. On the digestive system: ulcers, gastritis, gall stones.

Lycopodium is one of the most popular drugs for liver disorders with extremely durable and profound effect, especially on the cholesterol metabolism.

- 4. On the genitourinary system: renal lithiasis (stones), inflammation of the prostate.
- 5. On neuropsychic activity - tics.

Sensations:

- Exclusive affinity for sweets;
- Flushing of the face after meals, preference for warm food;
- Swollen and tense lower abdomen after eating;
- Intolerance to onions;
- Deterioration between 4 pm and 7 pm.

#### 4. Arsenicum album - arsenic anhydride

These are people who are very confused and uncertain about their inner sensations about things. They live in a chaos inside of them, without a sense of the real values in life. On the outside, they wish to control everything, criticize, require, put in order; they constantly make plans and follow them. They are amazingly fastidious people and good organizers. They never stop polishing, washing and arranging things. They wash their hands constantly. They usually keep absolute order around them. They do not like surprises, diseases, sudden accidents, fateful circumstances. They have no faith in life; they think that everything is random and should therefore be controlled. If they have no vision and explanation of things, they become very short tempered and scared, become hasty, nervous, restless, anxious, critical and absolute grouchers. They think that their health and life is in constant danger. There is always something that burns them on the inside, but love warmth, because it gives them a feeling of safety. They want to maintain the achieved status quo by all means. They have a great fear of death. They are naturally active, efficient and tenacious. They possess great practicality, but have no sense of internal order and harmony. They are usually atheists. They often suffer from alternating respiratory and urogenital infections with skin ailments.

Effect:

1. On the digestive system:

- Acute gastroenteritis with corrosive, foul odor stool; Strong acidity with burning in the stomach;

- Food poisoning with meat, canned food, clams;

- Cholera-like diarrhea.

2. On the genitourinary system: acute cystitis, acute metritis (inflammation of the mucosa of the uterus), colpitis (inflammation of the mucosa of the vagina), nephritis (kidney inflammation).

3. On the respiratory and ENT system

- Asthma (deterioration at 1 am);

- Acute otitis (ear inflammation) with burning pain;

- Spastic fever with an irritating burning outflow from the nose.

4. On the nervous system: burning neuralgia, which is alleviated by warmth.

5. On the skin: severe skin infections: boils, burning hives, shingles, psoriasis, scaly dermatoses with light powder-like, dry flakes.

5. Others:

- Depression with a huge fear of death, anemia, poor appetite, insomnia.

- Sharp, burning thrombophlebitis or phlebitis (inflammation of the veins), which is alleviated by warmth.

Sensations:

- Deterioration at 1 am;

- Improvement by exposure to warmth, desire for hot liquids;

- Sharp burning pain, burning, caustic secretions with foul odor;

- Weakness and fatigue.

## **PART 10**

### **TUBERCULIN**

Tuberculin is a subspecies of psoric type. Some authors even argue that it is generally better to only speak about the Tuberculin type. It is really quite a typical psora, with its deficiency and variability in every respect. These are weak, tired people who are always dissatisfied with their condition. They therefore constantly change everything about themselves: jobs, friends, homes. They are unusually sensitive to cold, constantly alternate symptoms of the mucous membranes and the skin, as well as various conflicting behaviors: nervousness and irritability, which alternates with apathy, conformity and exhaustion from life. They have many fears and worries.

#### **1. Tuberculinum - biotherapeutic from crude tuberculin.**

The keyword here is great variability.

These people are very fickle and unstable. They have an unquenchable desire for change, travel, and new things. Inside they feel great uncertainty, and therefore constantly seek a safe haven. They do not believe at all in their own powers, but otherwise have a huge creative potential. Nevertheless, it is difficult for them to reach the bottom of things. They easily grow tired, and sleep a lot. Their symptoms are very variable. Moods change rapidly. They are nice and polite and the next moment they are evil and destructive. Disgruntled people who do not know what they want. They are highly irritable about little things. They are very creative and have great imagination. Their actions are even regarded as schizoid manifestations and it is possible that these people gradually sink into a world of their own. Extremely quick exhaustion, even in negligible physical and mental effort.

Effect:

1. On the ENT (ears, nose, throat): recurrent rhinopharyngitis, recurrent angina, recurrent otitis media, hypertrophy of tonsils, respiratory allergies: hay fever, asthma, microbial allergies. These diseases are alternated with skin inflammations and events. Pronounced immune deficiency.
2. On the skin: eczema that is aggravated by heat, allergic rashes, rashes of any other origin. Internal burning sensation.
3. On the endocrine glands: disorders of growth, disorders in the thyroid gland, adrenal hypofunction, reduced weight. Propensity to anemia and loss of fluids: phlegm, diarrhea, sweating.
4. On the nervous system: schizoid propensity, psychasthenic conditions, spasmophiliacs, rapid mood swings, headaches at high voltage, perspiration during the night with cold sweat, unexplained anxiety.
5. On the digestive tract: chronic diarrhea, enterocolitis, colitis, gastritis. Patient has good appetite but nevertheless shows bodily weakness. Propensity to anemia.
6. On the genitourinary system: basic preparation for colibacillosis, and candidiasis. A heavy and continuously shortened menstrual period is often observed. Possible anemia.

## **2. Phosphor - phosphorus**

The keyword is diffusion, dissolving in the environment.

These are soft, kind, and loving people who are very outgoing. They like to socialize, and are constantly on the look for new friends. They are afraid of loneliness, of abandonment. They have serious fears of thunder, darkness, spirits, ghosts and frost. They look for light, company and comfort. They love to be cuddled and are very affectionate. They are pale and thin, have an elongated bodily structure, and are anemic, as if malnourished. They find it difficult to concentrate, forget easily, they are absent-minded and messy. At the same time they are very inquisitive. They are always sincere in their feelings, but sometimes erratic. They look for diversity and change. They are hypersensitive to their relationship with other people. They are deeply hurt by insults, rejection, deceit and violence. Then they can become irritable and angry. Or may find themselves in apathy. They are easily tired.

Effect:

1. On the ENT and the respiratory system:

- Acute bronchitis
- Laryngitis
- Pronounced immune deficiency.

2. Bleeding; profuse bright shiny bleeding due to trauma or surgery.

- Frequent, recurrent, profuse bleeding from the nose, from wounds, ulcer, vomiting blood, bleeding in the intestines, blood in the urine.

3. In liver complaints: hepatitis, pancreatitis, alcoholism, cirrhosis, cholecystitis, severe vomiting.

4. On the cardiovascular system: left ventricular heart failure (tachycardia, shortness of breath, difficulty climbing stairs, strangulation), right ventricular failure: cyanosis with bluish circles around the eyes, enlarged liver, swelling under the eyes, decreased urination, cardiovascular complications in diabetes.

5. On the urinary system in renal failure.

6. On the gastrointestinal system: gastritis, enterocolitis with burning pain.

Sensations:

- Burning sensation on the palms of the hands and the spine
- Intolerance to noise and light
- Fear of dogs, lightning and ghosts
- Thirst for a cold fizzy drinks
- Hunger at night
- Symptoms worsen at night, fear of darkness.

### **3. Natrium muriaticum - sea salt**

The keywords are duty and responsibility

These are conscientious, responsible, but very bitter people. They tend to become dry and hard due to excessive family and work responsibilities. The thought has been impressed on them that they must hold their own, fight, not complain and not show their feelings. Thus, they gradually turn inward, tighten, harden and even fossilize. They always stand their ground. Everything around them is too serious and they do not know how to have fun and relax. Everyone has requirements for them and they have requirements to others. They have a pronounced sense of duty and responsibility. They are usually boring, diligent and precise. On the inside, they are much softer and crave warmth and humidity, but this does not show on the outside. They drink lots of water. In the final stage of pathology, these people are desperate, depressed and apathetic. Propensity to spasmodic. They cry secretly and often a lot, but

do not complain. Sometimes this condition is also a result of severe personal loss. They are physically weaker in the upper body and plump and are prone to cellulite in the thighs.

Effect:

1. On the ENT and respiratory mucous membranes: recurrent rhinopharyngitis, paranasal sinuses allergy (at every change of the weather), hay fever, asthma, recurrent bronchitis, chronic bronchitis, a pronounced immune deficiency. Intolerance to cold and fatigue. Profuse sweating. All these events are alternated actively with skin manifestations. Alternation of dry mucous membranes and profuse secretions.

2. Skin diseases: acne with comedones and shiny skin, herpes simplex, anal herpes, frequent urticaria, dry skin.

3. On the endocrine glands. The preparation is strongly indicated for disorders in the metabolism of thyroid function, dysteroid anemia.

- PMS

- Problems in the metabolism of sodium.

4. On the gastrointestinal system: propensity to diarrhea in certain situations, alternating with obstinate constipation, gastritis.

- Unquenchable thirst and hence a strong desire for salt. The exact opposite is also observed: aversion to salt.

- Bulimia without weight gain.

5. General disorders:

- Disturbances in growth due to frequent illnesses

- Easy fatigability

- Anemia (e.g. from blood loss)

- Spasmophiliacs

- Weight loss due to abuse of quinine preparations

- Reduction in memory and concentration.

Sensations:

- Deterioration at the seaside and in the sun, especially for prolonged stays;

- In the morning at around 10 am;

- Deterioration at comforting (crying alone);

- Deterioration in a closed and warm room;

- Improvement by clean air and perspiration;

- Burning sensation in the mucous membranes;



- Numbness and tingling in the limbs, cramps.

#### **4. Ignatia amara - strychnine tree seeds**

These are highly sensitive people who have suffered great loss - death, pangs of love, financial disaster, life with a terminally ill dear person, emigrants away from home, difficult divorce, rape, robbery, fright, insurmountable obstacles in life, severe humiliation, suppressed resentment.

They feel hard pressed, feel shortness of breath, lump in the throat, tightness and heaviness in the chest, a ball in the stomach, feeling as if a nail has been driven in their crown and nape of the neck. They yawn frequently and often sigh, can easily get hiccups. Otherwise they are kind, outgoing and loving people. They love to cuddle, appreciate gestures of love and attention and this greatly improves them. However, when under stress, they are explosive, irritable and even angry.

Effect:

##### 1. Neurological manifestations:

- Constant sighs;
- Cramps, muscle twitching;
- Spastic cough;
- Hiccups, yawning;
- Stomach cramps;
- Tachycardia of emotional nature, cardiac neurosis;
- Irritability and anger, which alternate with tenderness;
- Reactive depression alternating with paradoxical mood - crying and then laughing without particular cause;
- Hysterical seizures.

##### 2. Sensations:

- Lump in the throat
- Constant hunger of nervous nature
- Hypersensitivity to pain
- Overall weakness
- Deterioration in the morning until 11 am
- Worsening by stimulating agents
- No desire to be comforted

- Hypersensitivity to smells, especially tobacco
- Improvement by distraction, mood swings
- Feeling fine in a warm place

### **5. Calcareo phosphorica - calcium phosphate**

These are kind, benevolent individuals having an elongated structure. Everything in them is long: the spine, fingers, legs, torso, face, they have narrow and tall teeth. They often have a fair skin color. They are ever eager to be among people; very outgoing and diplomatic. They easily grow tired by both physical and mental effort. They often suffer from respiratory problems. They are quite timid. They fear storms, thunders and darkness. They are very sensitive to the attention of the people around them.

Effect:

1. Respiratory and ENT: recurrent rhinopharyngitis, recurrent otitis, recurrent bronchitis, chronic hypertrophy of tonsils and enlarged lymph nodes, third tonsil, spastic cough, asthma.

- Frequent sweating on the neck and head during the first sleep;
- Difficult to recover from illness, marked immune deficiency.

2. Digestive system: frequent problem starting in infancy (vomiting after meals, diarrhea, intolerance to milk).

Aversion to milk that often continues throughout adult years.

3. Disturbances in the bone apparatus: predisposition to rickets in children; curvature of the spine, especially in the thoracic section, very rapid growth and disorders of the bone structure, neck pain and back pain in adults (thoracic section), difficult teething.

- Predisposition to caries.

4. Reproductive system

- Dysmenorrhea: a long, irregular, painful menstrual cycle. Puberty in girls occurs earlier. Teen acne.

- Candidiasis.

5. Others:

- Headache from mental strain;
- Deterioration from cold, moisture and any change in weather;
- Many fears and worries (darkness, storms, dogs, loneliness, ghosts);
- The pain is stinging and burning;

Sensations:

- Easy fatigability, need more sleep;
- Irritability and uncertainty;
- Feverishness and haste in doing things;
- Easy fatigability;
- Improvement in warm and dry weather;
- Appetite for fish and ham.

### **7. Sulfur iodatum - sulfur iodide**

This is less a medicine, and does not have distinguished psychological characteristics. These are weak, thin people, having a malnourished appearance. They are often very irritable, hasty and have mood swings. They grow tired very quickly and are angered by this. They are often ill. And they are difficult to recuperate.

Effect:

1. Respiratory and ENT: recurrent rhinopharyngitis, recurrent angina, recurrent lymphadenitis, recurrent bronchitis, propensity to allergies, hay fever, asthma, pleurisy. These events are often alternated with skin and joint ailments.
2. Skin: papular juvenile acne, blepharoconjunctivitis.
3. Joints: arthritis, rheumatism of viral origin.
4. Others: unexplained weight loss, probably from violations of thyroid function - hyperfunctionality.

Sensations:

- Deterioration around 11 am;
- Burning sensation in the mucous membranes and feet - Phosphor;
- Deterioration from warmth, but hypersensitivity to cold;
- Easy fatigability of small efforts;
- Tachycardia of nervous origin;
- Irritant secretions of the mucous membranes (nose, anus);
- Desire for sour things and lemons.

### **8. Arsenicum-Jodatum - arsenic tri-iodide.**

These are very distressed, fragile people with serious diseases. They are weak, even when having appetite. They often have thyroid problems. Frequent recurrent respiratory problems are observed. Effect:

1. Respiratory and ENT: recurrent rhinopharyngitis, relapsing lymphadenitis, hay fever, asthma, allergic spasmodic laryngitis.

2. Cardiovascular disease:

- Arteriosclerosis, cardiosclerosis;
- Irregular heart beat (tachycardia, arrhythmia, atrial fibrillation);

The medication has a strong preventive effect against the aging processes. It is given continuously after the age of 45-50. It combines well with Arnica montana (a vascular protector). It is related to cholesterol metabolism.

3. Skin: chronic scaly dermatosis - eczema, psoriasis, mycoses, lichens.

Sensations:

- Severe tiredness and exhaustion;
- Deterioration from hunger;
- Deterioration from cold, but also from warmth;
- A feeling of something burning on the inside;
- Tachycardia of nervous origin;
- Improvement after meals.

## **9. Argentum nitricum - silver nitrate**

These are hypersensitive people who have phobic neurosis. They are afraid of almost everything. They are constantly tormented by anxiety and concern. They are always in a hurry, even if they have time, they are afraid of the immediate future. They are afraid of traveling by plane, by car, of going to an unfamiliar place, of sitting for an exam, of being in public; they are even uneasy in the presence of friends. They experience frantic fear of delay. They like to feel lightness in the digestive tract. They usually have a weak, lean physique.

Effect:

1. Digestive: gastritis, ulcer, nausea, vomiting, diarrhea, enterocolitis, rectocolitis.
2. ENT: pharyngitis with a feeling of pins and needles, laryngitis with a sensation of having a prickle upon overstraining of the vocal cords, conjunctivitis.
3. Neurological: tremor, impaired coordination, graphospasm, dizziness.
4. Reproductive system: cervicitis (inflammation of the lining of the cervix), urethritis (inflammation of the urethra).

Sensations:

- Feeling pins and needles
- Deterioration from warmth (unless in stomach pains), improvement from cold
- Deterioration at night
- Great need of huge amounts of sweets and deterioration from sweets
- Deterioration from closing of the eyes
- Improvement from applying pressure on the painful spot.

## **PART 11**

### **SYCOSIS**

The second main group of causes of diseases, the miasm, Hahnemann calls "sycosis". He believes that fewer people belong to this group and it is a secondary one, and is formed in the process of life development as a consequence of the mechanisms of compensation and adaptation. This is a condition in which there is excess capacity in function or volume of various organs and systems, i.e, they are hypertonic or hypertrophic, and often both.

People who respond well to "sycosis" have several basic characteristics.

1. Propensity to various types of concretions and compactions. These affect:

- The skin: warts, moles, tumors.
- Organs: fibroids, cysts, tumors.
- Mucous membranes.

2. Overall swelling and infiltration of tissues and organs with additional matter because of: the insertion of different chemicals, reactions due to vaccines, external contamination, frequent and excessive drug therapies, chronic stress.

3. Chronic inflammation of the mucous membranes, which "glow" continuously due to the constant poisoning. This implies a weak immune response and hypersensitivity to cold and damp. These factors further enhance inflammation. Almost constant discharges: runny nose, pharyngitis, leukorrhea (vaginal discharge);

4. Propensity to fatigue, depression and obesity.

Manifestations:

- Autoimmune diseases - arthritis, diabetes, gout, obesity, AIDS
- Advanced sclerosis - ischemia, atherosclerosis, hypertension, lithiasis (stony concretions).
- Tumor formations.

The most basic preparations which correspond to the "sycosis" are:

#### **1. Natrium sulfuricum - sodium sulfate**

These are usually fat, slouchy, stout people who have a number of diseases. Their behavior is slow, apathetic, lethargic, slack. They are often irritated and flare. They dislike problems and contradictions. They easily slip into depression. They feel disgust of life, usually are in a bad mood, especially in the morning as they are waking up. Every effort, mental or physical, exhausts them. These are sad, fretful, tired people.

Effects:

1. Respiratory: bronchitis, deteriorating from moisture, all bronchopathies, deteriorating from moisture, asthma in damp weather, mucus-purulent rhinitis in moisture.

2. On the digestive system:  
- Enterocolitis with diarrhea and flatulence

- Bile issues (lithiasis - stones)

3. Joint: coxarthrosis (hip), gonarthrosis (knee), lumbago. Severe deterioration from moisture and relief from movement.

4. On the skin: scaly dermatoses with inflammation and transparent to yellow flakes, psoriasis. Warts.

5. Neuropsychological:

- Subjective syndrome in those who have suffered cranial trauma and/or spine trauma.

- Depression.

Sensations:

- Deterioration from moisture and damp weather, improvement from dry weather;

- Deterioration at 5-6 o'clock in the morning;

- Deterioration while resting and when immobilized;

- Desire for ice-cold water, icy drinks and ice cream;

- Intolerance to many foods: bread, meat, sweets;

- Itching when undressing;

- A feeling of bloating after meals;

- Abuse of quinine derivatives (malaria, rheumatism).

## **2. *Thuya occidentalis* - Western tuya - tree of the Juniper family.**

Latin for "Tree of Life". This type of people attaches great importance to appearances, to their image, to performing well in front of others. They are dismayed by their lower instincts and try to hide them by all means. Which is why they have many hidden and vague things. Their shortcomings must be guessed. They are like a fog. They are divided between higher and lower. They generally consider the world to be an awful place where one should protect themselves from the others. These people are secretive, distrustful and suspicious. They have

in themselves the idea that they are not good enough or perfect. They are predisposed to depression. They are often hypochondriacs and believe they are developing cancer. They appear to be rather plump in the upper part of the body, with numerous infiltrates, while the limbs remain weak. The skin is often oily, shiny with dilated capillaries on the edges of the nose.

Effects:

1. On the respiratory and ENT: recurrent rhinopharyngitis, recurrent bronchitis, recurrent angina with hypertrophy of tonsils, lymphadenopathy. These people respond very badly to vaccines, antibiotics, corticoids, or neuroleptics, or have been treated with such for a long period. They have respiratory and ENT pathologies as a consequence.

2. Urogenital:

- Chronic inflammation in the genital tract, chronic discharge of the vagina;
- Fibroids, polyps and ovarian cysts;
- Chronic and recurrent urinary infections;
- Hypertrophy of the prostate;
- Polyps of the bladder;

3. On the skin:

- Warts, tumors;
- Papillomas, condilomas;
- Juvenile acne;
- Boils, any purulent formations;
- Cellulite.

4. On the nervous system:

- Unbearable neuralgia (muscle twitching);
- Cenesthesia - sensation of foreign body in the abdomen;
- Secondary reactive depression and obsessive ideas.

Sensations:

- Perspiration with a "cooked rice" odor;
- Feeling of super fragility and brittleness;
- Sensation of a foreign body in the abdomen;
- Deterioration from cold and damp, improvement from dry and warm;
- Deterioration around 3 am and around 3 pm;

- Deterioration from onion;
- Relief from the discharging of liquids.

### **3. Medorrhinum - bio-therapeutic from lysis of purulent gonorrhoea secretions.**

Extreme behavior may be observed in this type of people. They are like a pendulum. At one point, they are depressed, and then they are active and busy. They may be kissing their dog, and beating it just a couple of hours later. The changes are sometimes so big that they are hard to believe. This is usually a compensation for insufficient attention, love and suppressed sexuality. On the physical level, they have many secretions, which are often irritating and itchy, since this type of people generally want to have a lot of everything and their body is filled with all kinds of excesses. They are relieved by the discharge of secretions and fluids. They usually overeat. Have a number of chronic diseases. Have schizoid tendencies.

Effects:

1. Respiratory and ENT: frequent rhinopharyngitis, frequent angina, frequent bronchitis, asthma.
  2. Urogenital: chronic and recurrent infections of the genitourinary system.
  3. Joint: arthritis, degenerative or inflammatory rheumatism. Pains worsening from moisture and cold.
4. Neuropsychiatric:
- Depression;
  - Sleep deprivation problems in children with rhythmic movements in sleep;
  - Hyperactive children with attention deficit disorder and difficulties at school, psycho-motor agitation, restlessness of the legs;
  - Schizoid tendencies.

Sensations:

- Need of wind and to fan oneself; they feel better near the sea;
- Deterioration between 10 am and 12 at noon;
- Itchy ear canals;
- Feeling that someone is following and watching them;
- Burning sensation in the feet, hands, spine, although they are cool;
- Restless legs and tenderness in the heel.

### **4. Lachesis muta - Bushmaster venom**



These people are extremely selfish. They may be covert, suspicious and cunning. Have the gift of speech, are communicative and learn languages with ease. They are very tenacious, have great ideas and rich imagination. They love to be alone and are active in the evening and at night. In the morning, they feel unwell and sleep late. They have a strong intuition. Aggressively pursue their goals, entangling their opponents with arguments and covertness. They are terribly jealous. They survive under all circumstances. They don't like to be fully buttoned, dislike having something around the neck. They do not wear tight clothes and do not like seat belts in cars. They are very intelligent. They love the fresh air and the wind.

Effects:

1. ENT: angina with purple throat and difficulty swallowing;

- Asthma, hay fever.

2. Severe infectious conditions and acute purulent processes: fever, purulent sinusitis, purulent angina to the left, purulent otitis media, bronchitis.

3. Menopause: hot flushes, tachycardia, high blood pressure, intolerance to heat and sun, insomnia and extreme states of activity and lethargy, bleeding black blood.

4. Others:

- Bleeding black blood in inflammatory processes;

- Nose bleeding

- Alcoholism with liver damage';

- Sunstroke;

- Acne rosacea;

- Jealousy crisis in little kids of younger brothers and sisters; Jealousy in general;

- Loss of a loved one;

- Obesity.

Sensations:

- Feelings of throbbing pain;

- Feelings of tension behind the eyes;

- Feeling of tightness in the throat and/or heart area;

- Feeling of suffocation and heaviness while falling asleep;

- Feeling of lump in the throat;

- Deterioration from retention of fluids (before the cycle);

- Improvement from discharge;

- Aversion to hot liquids;
- Alternation of loquacity and silence;
- Purple-red nose;
- Dark red to purple lips.

### **5. Sepia - Sepia paint**

These are usually thin women with a matte skin. They have brown spots on the face or under or around the eyes, around the base of the nose or around the mouth. A drooping upper left eyelid may be observed. The lower lip is cleft in the middle. These are women who have had a hard life with recurring troubles, sadness, disappointment, emotional stress and propensity to depression. They have headaches, are gloomy, hardly bear to stand up, prefer to be alone. Their legs are always crossed. When depressed, they fall into indifference and are bored by everything: family, children, occupation, housework. They see the negative side to everything and easily cry if they are being comforted. They may be irritable and short-tempered at the smallest occasion, noise or nuisance. They are constantly tense and anxious.

Effects:

#### 1. Liver-digestive

- Contraction of stomach and interferences in gastric acidity
- Migraine of digestive nature
- Nausea early in pregnancy
- Decreased hemorrhoids
- Constipation
- Biliary dyskinesia (pinching of the gall bladder), lithiasis.

#### 2. Urogenital:

- Chronic unpleasant white discharge from the vagina, persistent urinary infections
- Contraction of the uterus
- Disruptions in the cycle and frigidity
- Menopause

#### 3. Respiratory:

- Chronic bronchitis
- Asthma

#### 4. Skin: eczema of different origins

- Herpes during the cycle
- Psoriasis with fissures that bleed.

#### 5. Neuropsychiatric:

- Depression - Indifference, seclusion, fretfulness, anxiety, hypochondria, alternating with hyperactivity and irritability escalating to violence;
- Depression after birth.

#### Sensations:

- Feeling of lump in the throat;
- Sensation of contraction of the uterus;
- Difficulty standing, waist pains;
- Deterioration from storms and cold;
- Improvement from active movement;
- Desire for acidic foods and intolerance to milk;
- Aversion to kitchen odors;
- Profuse sweating of the palms;

### 6. Silicea - silicon

These are delicate, soft and sensitive people who have a fine mind, but are very emotional. This makes them hesitant, shy and irresolute. They have a great fear of the new, the unknown, of failure and ridicule. They shun the outside world. They are emotionally unstable and have a weak will, and resist problems passively. They do not defend their own position. They easily give their energy to others, grow tired, sleep a lot, are easily misled. On the other hand, they can work slowly and persistently to achieve their goals. They are observers and analysts. They love to be touched and caressed and not to be comforted. They need to be more independent. They are nervous and restless, with big bright eyes. Their structure is delicate.

#### Effects:

1. Respiratory and ENT: recurrent rhinopharyngitis, recurrent angina, recurrent bronchitis, pleurisy, other chronic bronchopathies.
2. Urogenitary: chronic cystitis, chronic metritis (inflammation of uterus), chronic salpingitis (inflammation of the tubes of the ovary), prostatitis (inflammation of the prostate), urethritis (inflammation of the urethra).

3. Skin: all festering skin sores, boils, abscesses, inflammation of the fingers, or fungus between the toes.

- Inflammation from stuck blades: pins, glass, bones.

4. Eye: stye.

5. Bone: chronic arthritis.

- Periodontal disease

- Osteoporosis

- Rapid growth during puberty with deformities

- Predisposition to rickets

6. Neuropsychiatric: chronic lack of energy, problems with memory and concentration, physical weakness, intolerance to cold and moisture, frequent headaches due to colds.

Sensations:

- Hypersensitivity to vaccination

- Unpleasant foot odor

- Desire to acidic foods

- Brittle fingernails with white flecks

- Startle at the lightest noise

- Feeling of having a thorn or a splinter.

### **7. Nux vomica - strychnine tree.**

These are people who have been taught to a great sense of duty and responsibility. They always want to be first. They are extremely ambitious. They do not rest, they want to control everything and everyone, to achieve all their goals. They want everything to be as they desire it, and fast. They are inclined to order, hygiene and hierarchy in everything. Assume great responsibilities. They are tenacious, industrious, very tense. This makes them irritable, angry and even vicious if things are not accurate. They abuse stimulants to work and succeed (athletes, bosses). They do not tolerate contradictions. They become rude, intemperate and even cruel at the smallest obstacles. They may gradually develop aversion to work and persistent insomnia.

Effects:

1. On the digestive system:

- Nausea, relieved after vomiting;

- Diarrhea or constipation;

- Drowsiness after meals;
  - Itching, painful hemorrhoids.
2. Respiratory and ENT: spasmodic rhinitis with itchy nose, bronchitis, flu syndrome, fever, asthma, colds from drafts.
  3. Bone: lumbago pains as from bruising.
  4. Neuropsychiatric:
    - Nervous syndrome with spasms, intolerance to noise, smell and touch.
    - Irritability, anger and aggression;
    - Insomnia and restless sleep;
    - Headache from overload;
    - High blood pressure;
    - Desire for stimulants: alcohol, coffee, drugs;
    - Sedentary lifestyle;
    - Cramps of the calves.

## **8. Nitric acid**

These are extremely selfish and aggressive individuals who enjoy luxury, money and an affluent lifestyle. They are usually overweight, but may also be weak. They have intolerable and scandalous disposition. They blaze up at the slightest opposition, disagreement or annoyance. They love to take others to court. They are quite vindictive and unforgiving. They tend to have slowly developing lesions, appearance of neoformations on the skin and the mucous membranes, and anxiety about their own health. They often fall in depression. They retire into themselves and do not want to see anyone. They are often extremely aggressive and irritable. They like very greasy food.

Effects:

1. On the digestive system: gastritis, ulcers, colitis, ulcers in the mouth with a burning stabbing pain. - Deterioration at night.
2. Urogenital: Kolpino (inflammation of the vagina), polyps of the cervix, all formations on the sexual organs.
3. Skin: eczema with fissures, ulcers on the legs with stinging pain, warts.

Sensations:

- Stinging pain of having a splinter;
- Deterioration from cold and improvement from warm;

- Headache with feeling of tightness around the head
- Desire for fatty and salty dishes.

### **9. Mercurius sol. - Mercury**

They are leaders by nature: calm, responsible and ambitious. They fear failure, loss of power and position very much. They grow distrustful and suspicious, gradually separate from people and isolate themselves. They feel irreplaceable. These people are very active and agile in life, react instantaneously to the circumstances, they are busy and hasty. They find it difficult to do team work. They want to have people around them who are 100% reliable. This is very important to them. They believe they can achieve anything. If they deteriorate or their strength depletes, they withdraw, isolate themselves and gradually decay. They abuse their power. They want to control everyone and everything. They grow nervous, irritable, aggressive and violent, can hit, fight and kill. They can be jealous, resentful and vindictive. Children have frequent recurrent angina and adenopathy (thickened cervical nodes). Difficulties at school and difficulty concentrating, they feel lack of energy. Restless, angry and anxious children.

Effects:

#### 3. On the respiratory and ENT system:

- Acute purulent angina with bright red throat and strong pains when swallowing; Unbearable smell; Tooth marks on the tongue; Swollen tongue with yellow coating;
- Pharyngitis with irradiating pain towards the ear, thickening of the cervical nodes;
- Acute and recurrent rhinitis, sinusitis;
- Mumps, including in adults, where the preparation prevents complications;
- Otitis media with burning sensation.

#### 1. On the digestive system:

- Ulcerative colitis, rectocolitis;
- Stomatitis and mouth ulcers (sore mouth); Inflamed and swollen gums.

#### 3. Eye: purulent conjunctivitis.

4. Urogenitary: Kolpino (inflammation of the lining of the vagina), vulvovaginitis (inflammation of the external genitalia), inflammation of the urethra with pus, cystitis with a burning sensation.

5. Neurological: shaky hands (tremor), headache.

#### 6. Others:

- Abscess
- Severe food poisoning.

Sensations:

- Hypersalivation (plentiful constant drooling);
- Deterioration at night;
- Deterioration from damp cold, improvement from dry weather;
- Deterioration from sweating (smelly sweat).

### **10. Aurum metallicum - gold**

These are people who most of all have pronounced behavioral disorders - reactive depressive syndrome. It is characterized by sudden mood swings from great optimism and cheerfulness to sadness, outbursts of anger and aggression. They become caustic, irritable and cannot tolerate contradiction. They may feel desperate, abandoned, unsuccessful and failed. They lose their big self-esteem and positions and are progressively disgusted of life to the extent of suicidal ideation (suicidal thoughts). Sometimes they do this by jumping from a high place because this reflects their idea of failure. Depression increases in winter. People with manic-depressive psychosis are often found, which requires that treatment is combined with more active methods.

Effects:

#### 1. Psychiatric:

- Depressive syndrome with abrupt shift of mood;
- Manic-depressive psychosis;
- Predisposition to schizoid personality disorder. Helps reduce the risk of onset of the disease that requires very serious treatments after that.
- Delayed mental and physical reactions in the elderly.

#### 2. Cardiovascular:

- High blood pressure, dizziness;
- MS;
- Heart ailments in menopause;
- Tachycardia with a feeling as if the heart stops and starts again with a jump;
- Stenocardia: tightness in the precardiac area, shortness of breath and pain;
- Heart failure.

#### 3. Others:

- Rhinitis and chronic sinusitis with pus;

- Mastoiditis (inflammation of the mastoid bone in the ear);
- Conjunctivitis;
- Glaucoma;
- Horizontal hemianopsia - patient sees only the bottom half of objects;
- Alcoholism;
- Inflammation of the bones with strong pain and danger of suppuration.

Sensations:

- Deterioration at night;
- Deterioration from cold and in winter; improvement during the summer;
- Hyperexcitability and enormous anger;
- Hypersensitivity to sharp smells;
- Tinnitus (perception of sound in the ear when there is no actual sound);
- Bitter, insipid taste in the mouth and thirst;
- Headache from concern with a feeling of an auger being driven in the head;
- Dizziness when bending.

## **11. Causticum - Caustic Soda**

These are people who are sensitive to the social processes, and are very sympathetic to the misfortunes of others. They have as their goal to change things, even to destroy the world. They are revolutionary in nature, anarchists and idealists. They possess a strong sense of social justice. They tolerate no authority. They are agile, sensitive, intelligent, easily excitable, responsive to the circumstances. They often do volunteer work for organizations like the Red Cross, or with green parties. They do not tolerate violence, abuse, authority (army, police). They are ready to work for the causes of others. They have a terrible fear that something might happen to their relatives, that a sudden misfortune may come upon them. They are gradually exhausted and fall ill. They become irritable, nervous, angry, have a painful response to anything and can even cry easily. They look pale, with yellowish tan, stiff, with lantern jaws and muscles bulging like ropes. They fear the dark.

Effects:

1. Neurological:

- Cold facial neuralgia, deterioration from dry and cold wind, from draught;
- Consequences of spinal trauma;
- Children wetting their bed at night (experienced fear);



- Laryngitis with vocal cord paresis (fatigue or infection);
- Graphospasm with muscle weakness;
- Paresis.

#### Sensations:

- Sensation of a burning wound, of burning pain;
- Deterioration from transition from warm to cold, improvement from warm;
- Deterioration at 3-4 o'clock in the morning;
- Improvement from drinking cold water, but also aversion to water;
- Desire for smoked food;
- Aversion to sugar and sweets.

## **12. Fluoricum acid - Hydrofluoric Acid**

These are people with a definite disparity in physique - asymmetry, inharmonious forms (due to various types of dystrophy). They are hyperactive in physical terms, very tenacious and resistant, but have a fragile and unstable mental behavior. They cannot concentrate for a long time in mental stress, are often inconsistent and inaccurate. Their moods alternate between optimism, excitement and good disposition to anxiety, apathy and a desire to retire. They have prominent bone diseases. They can be very good gymnasts because of their extraordinary flexibility. There is also the opposite version of great stiffness.

#### Effects:

##### 1. Bones (problems with calcium metabolism):

- Osteoporosis;
- Foul-necrosis with suppuration and intense itching;
- Increased bone density - calcification, exostosis;
- Inflammation of the bones - osteitis, polyarthritis (of all joints);
- Polyarthritis (of all joints);
- Relaxation of various internal organs (kidneys, stomach, uterus);
- Inflammation of the veins with burning pain;
- Hemorrhoids with intense itching;
- hyperactive children suffering from hyperthyreosis (hyperfunction of the thyroid gland).

Sensations:

- Internal burning in the whole body or locally with improvement from cold;
- Deterioration from stimulants;
- Deterioration from immobilization and improvement from continuous movement;
- Purulent secretions;
- Burning sensation in the feet and palms of the hands;

Naturally, complexes can also be made from preparations for "psora", "tuberculin" and "sycosis". Too few people may be said to respond 100% to only one preparation. Usually, most of us have overlapping features of several medications. People having the characteristics of both sensitive types are often found. In most cases, especially in chronic cases, the main medication(s) are hidden behind many other symptoms. That is why any changes in the treatment process must be constantly monitored, and we must be able to respond promptly with the respective preparation or complex.

When you are unable to quickly determine your sensitive type, you can apply different complexes according to the symptoms and gradually discover the correct, basic preparation(s). The changes occurring in yourself will help identify it. It/they can then be taken primarily. Of course, further changes and new circumstances should be monitored. The homeopathic approach is a lifestyle, not a system of treatment and therefore requires constant vigilance in decision-making, in which it resembles the process of nourishing. In practice, this is an energy food that restores your energy imbalances. And since this method is free, all you need to master the homeopathic knowledge is time and keen observation. And remember that you cannot overdose a preparation, and even if you get confused in some of the more severe chronic cases, you will simply postpone the time (by a month or two) for the proper treatment with the more appropriate medications. You will, however, always and constantly have results.

## **PART 12**

### **WHAT TO DO IF WE KNOW NOTHING ABOUT HOMEOPATHY?**

Homeopathy is a very complex science that requires studying, a lot of time and inner sense. Especially difficult is the discovery of medications that correspond your sensitive type.

So even if we can not study it, we can help ourselves by speaking our diagnosis and possible causes for the disease to the water. Of course this method is not as effective, but it often gives very good results, while we are studying the basics of homeopathy.

In the case of high blood pressure, we can prepare the following phial filled with healing water.

Take a phial full of water and a little alcohol, then clearly repeat 2-3 times, mouth very close to the water (1/2 inch):

- Hypertension MMMMMMMMM. Then shake vigorously.

If we know the causes for our high blood pressure, we can add other expressions such as:

- Anxiety MMMMMMMMMM. - 2-3 times. Shake vigorously.
- Fear of failure MMMMMMMMMM - 2-3 times. Shake vigorously.
- Fear of loss MMMMMMMMMM - 2-3 times. Shake vigorously.
- Uncertainty MMMMMM - 2-3 times. Shake vigorously.

Then put the dropper and shake one last time. You can drink the preparation as many times as you want per day according to your condition. If you want to achieve a preventive effect, you can limit it to 1 or 2 times a day.

However, if we have a long-standing problem, and especially if you are at an advanced stage or have other illnesses, you can match the method with the corresponding allopathic medicines. You can take it 7-8 times a day. If there is improvement, reduce takings.

Dilutions of many times M (Mille) are extremely powerful and have a profound impact on many subtle levels at the subatomic level. They directly relate to the internal bodies and may lead to significant results in the psychological profile of each person. Of course, you can use different dilutions in your own sole discretion. This is a method, which involves personal initiative and creativity. My advice is to start with 100CM, but feel free to try 9 times M and above. There are virtually no restrictions. And for those who prefer lower dilutions, you may also use them. This is a matter of personal choice.

Given that any damage is due to accumulated stress, mistakes, sins, and unresolved problems, then through verbal homeopathy our efforts can be directed to the core of our troubles, and we can thus progressively overcome them. In this sense, the verbal homeopathic method is much more powerful than the conventional homeopathic one.

Preparations can be made for some of the most significant trouble in life. They work very well, but require a long period of time - months or even a year. It is good to combine them with the basic homeopathic preparations and complexes.

#### UNEMPLOYMENT:

1. Unemployment MMMMM .... Shake.
2. Indecisiveness MMMMM ... or Uncertainty MMMMM .... (optional). Shake.
3. Fear of failure .... MMMMM Shake.
4. Idleness MMMMM .... or Laziness MMMMM .... (optional).Shake.
5. Poverty MMMMM .... Shake.
6. Avarice MMMMM .... or Wastefulness MMMMM .... (optional). Shake.
7. Uncommunicativeness MMMMM .... Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

#### ANXIETY:

1. Fear MMMMM ..... Shake.
2. Anger MMMMM ..... Shake.
3. Aggressiveness MMMMM ..... Shake.

4. Hyperactivity MMMMM .... Shake.
5. Cruelty MMMMM .... Shake.
6. Hatred MMMMM ..... Shake.
7. Uneasiness MMMMM ..... or Anxiety MMMMM ..... Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

#### OLD AGE:

1. Aging MMMMM ..... Shake.
2. Sclerosis MMMMM ..... Shake.
3. Seditary life MMMMM..., or Immobilization MMMMM... Shake.
4. Ugliness MMMMM ..... Shake.
5. Rigidity MMMMM ..... Shake.
6. Death MMMMM .... Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

#### LOSS:

1. Fear of loneliness MMMMM... or solitude MMMMM... Shake.
2. Sorrow MMMMM... or grief MMMMM... Shake.
3. Despair MMMMM .... Shake.
4. Hopelessness MMMMM .... Shake.
5. Heartache MMMMM ..... Shake.
6. Heartlessness MMMMM ..... Shake.
7. Weakness MMMMM ..... Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

#### LOVELESSNESS:

1. Lovelessness MMMMM ..... Shake.
2. Ingratitude MMMMM ....Shake.
3. Impiety MMMMM .....Shake.
4. Scepticism MMMMM .....Shake.
5. Unsuccessfulness MMMMM .....Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

## DEPRESSION:

1. Depression MMMMM ..... Shake.
2. Uncommunicativeness MMMMM ....Shake.
3. Loneliness MMMMM .....Shake.
4. Unconfidence MMMMM ..... Shake.
6. Heartlessness MMMMM ..... Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

The combination of the seven sins is quite interesting:

1. Pride MMMMM ..... Shake.
2. Greed MMMMM ..... Shake.
3. Gluttony MMMMM... or voracity MMMMM...
4. Anger MMMMM ..... Shake.
5. Deceptiveness MMMMM ..... Shake.
6. Adultery MMMMM .....Shake.
7. Sloth MMMMM .....Shake.

We must not forget to speak loudly and clearly, mouth near the surface of the water (1/2 inch). After each word and dilution, always shake the phial vigorously.

Many other combinations can be made of problematic situations from the emotional and spiritual world of the person; these combinations are only limited by our personal creativity and our self-understanding.

Typical of these preparations is their strange manner of action. They slowly and aggressively change the emotional state of the person and attract new circumstances and people to their life, who actually bring change in their life and help them overcome their own shortcomings. In this sense, a person must be constantly alert and grateful for fate's response to his efforts to change. In fact, this is the way verbal homeopathy works in high dilutions. It not only heals the physical body, but also creates new opportunities in other areas of life, such as work, personal relationships, finance, in accordance with the person's new energetic and psychological situation. Of course, these more general preparations also have a wider and more aggressive action. Therefore, in acute cases and clear diagnoses, it is better to use verbal homeopathic mono and complex preparations as described in the first part of the book.

*For those who would like to learn and are interested in the method and the different complexes, you can buy the book: "On the Strength of a Drop - Homeopathic Complexes". The book describes over 90 complexes, referring to the most common diagnoses in medicine. Over 350 different verbal homeopathic preparations have been developed, as well as instructions for their use.*

Good results also depend very much on our attitude to the spiritual world and our deep faith in God. Thus, when working with this type of energy impact, you must not forget that prayer

is the highest form of self-transformation because the prayer is a conversation with Heaven (with the Invisible Source of Wealth for this World). It is the one most important point, which enables us to attract help and support from above and thus to change our actions and destiny. It gives us the opportunity to realize that while we are getting any goods we must share them with others. It gives us the opportunity to become better, more humble and wiser. Combined with verbal homeopathic preparations and working with water, it is a powerful way to live more wisely and happily.

When we work with prayer or other good words, we must know that they have extremely clean and very high frequency vibrations. In practice, they rarely resonate with our thinking and our cells, because we are poisoned by bad food, bad feelings and bad thoughts and words. To change this situation we would need many years of work. Therefore, homeopathy is a good auxiliary method that accelerates the process. It works with the vibrations of the poisons that we are still very close to. This way it helps purify the body, feelings, thoughts and our words, so that we can work more efficiently and at the highest level - the conversation with God.

## EPILOGUE

I remember once I gave my bunny, who had been injured, Arnica 10M, a close friend of mine, a homeopathic veterinarian, hearing this said:

- Silva, you've influenced the Spirit of Rabbits.

A dilution of the 10M degree is practically not applied in veterinary medicine because it is considered extremely high. Many homeopaths also consider this dilution absurd for humans too. But I, as usual, proved that Arnica works. The bunny recovered amazingly quickly. I was fascinated by the insight that perhaps I'd really influenced the Spirit of Rabbits.

Then I realized that something similar happens with the Spirit of the People. When you give someone homeopathy and especially one that is in great dilution, you also influence their soul. Purifying the body, the thoughts and feelings become brighter, better and more peaceful. This also affects everyone else. Because when one is elevated, all are elevated.

The application of such dilutions like MMMMMM... has a purifying influence not only on one person, but on all people, even perhaps on other worlds that are emotionally and spiritually connected with ours, because we live in a common spiritual field.

This way we interact and connect with animals and plants and the sea and forests and with the consciousness of the entire planet. And when we dilute the poison in ourselves in this way and open the path of virtue, springing from our true spiritual nature, we provide the opportunity for others to do so.

Simultaneously, we discover the power of speech and give a new meaning to the world in a completely new immaterial and a divine way. And then each spoken word is kinder and warmer because we have realized that this is the only way to achieve a happier peace. Inside out.

And last but not least, perhaps we should realize that we live in a world guided by the Word and by thought. Therefore we must carefully consider not only what we are saying, but also whose influences and thoughts we come under. Everything around us is thought and words, embedded in atoms and molecules and, depending on what we do and what we use, we also absorb the internal informational influences of the entire world that surrounds us. They form

us constantly. This is why we need to discuss the science of thought and word hygiene. For the word can elevate you and resurrect you, but it can also ruin and destroy you.

If only a dozen words can heal us from the flu within hours, can you imagine the impact of the whole sea of information, in which are constantly submerged?

And most of this information is negative, confrontational, manipulative and deceptive; unnecessarily pompous and urging us to excessive consumption of goods and services that we do not need. Do we not find ourselves this way in the informational field of a huge LIE that governs us and depletes our energy, explaining to us that we are some coarse matter that has appeared by accident and so we must remain?

How little attention is paid to the Truth that God exists, that man is eternal and immortal spiritual essence, the image and likeness of God, the son of God who is summoned to serve and collaborate with his Father in eternity. This Truth is not advantageous to anyone who wants us to live once, without meaning and without purpose, dominated by some meaningless goals of power, money and sensory pleasures, competing with each other and consuming unnecessary and even harmful goods and food.

The successful use of words to change and restore the energy structure of the person raises the curtain of our true nature and shows that we live in a world of absolute abundance of free and easily accessible energy, the sources and the knowledge which we are denied quite deliberately. And it is only up to us to discover and live in the Truth, or else remain in the field of fear, anxiety and excessive consumption. Because these are two sides of the word and the thought - Truth and falsehood.

The more people learn to speak to water in this way, to heal themselves and recover by changing their attitude towards life, the more mankind will be freed from the burdens of being, reinventing the power of immortality and joy.

## **PART 13**

### **DILUTIONS IN VERBAL HOMEOPATHY™**

The dilutions in verbal homeopathy are the same as used in traditional (conventional) homeopathy. The C symbol comes from "Centum", which is Latin for hundred and M for "Mille", a thousand. For more details, see Chapter "The higher the dilution, the more powerful" again.

5C - very low dilution, which has little effect and its impact is mainly on the physical body. In homeopathy (not in verbal homeopathy), these are dangerous dilutions because they still contain molecules of the original substance. In prolonged taking, these preparations may cause severe homeopathic crises and aggravation of symptoms. A lasting deterioration may be had. This is particularly true for products such as: Tuberculinum, Sulfur, Hepar sulfur, Mercurius sol., Pulsatilla, Silicea, Thuja. Therefore, great care must be exercised when working with them. They work safely only in verbal homeopathy, but the effect is weaker than of those with a higher dilution.

9C - still a low dilution that may be seen as medium level in some homeopathic schools. It works very well mainly on the physical level. This dilution is far safer for a long reception than a 5C dilution, but it must still be taken with caution. In verbal homeopathy there are no such dangers.

15C - a medium dilution in some schools. It has a good effect at the physical level, including on earlier diseases that have certain emotional components. There are no side effects and it is completely safe. Homeopathic crises are present like in any other homeopathic preparation.

30C - a high dilution in some schools. Has a good effect at the physical and the emotional level. Completely safe.

200C - a medium dilution in other homeopathic schools. Has a very good effect on the physical body, including many emotional states.

1M = 1000C. Medium to high dilution in some homeopathic schools. Has a very good effect on the physical body, including many emotional states having a chronic origin.

10M = 10.000C. High dilution with exceptional efficiency. In acute cases, it is incomparable with the lower dilutions. It works very well in chronic diseases too, both at the physical, and the emotional level.

50M = 50.000C. High dilution fully comparable to 10M. The difference is not significant.

CM = 100.000C. Very high dilution. There is exceptional performance in all cases. Influences the human organism at a very deep profound level.

MM = 1.000.000C. A dilution, achievable only by radionic machines. The effect is very powerful and profound in every respect.

100CM = 10.000.000C. A dilution, achievable only by radionic machines. The effect is extremely powerful in all conditions: acute and chronic. The effects are very profound.

MMM - 1.000.000.000C and so on. From here onwards, everyone can decide for themselves on the dilution they need, according to their individual condition. Our research has reached up to 12 times M - MMMMMMMMMMMM. The effects here are truly impressive, especially in light and medium chronic conditions, with daily reception. Good maintenance and parallel therapy also in more complicated conditions. You can use them as both verbal complexes and as mono-verbal preparations. Of course, everyone is free to continue to dilute verbally and study the healing effects.

For those who would like to learn and are interested in the method and the different complexes, you can buy the book: "On the Strength of a Drop - Homeopathic Complexes". The book describes over 90 complexes, referring to the most common diagnoses in medicine. Over 350 different verbal homeopathic preparations have been developed.

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